

## ***On-Campus Events and Activities:***

**Acrylic Class with Nancy on Wednesdays @ 1:30 in the Multipurpose Studio.** No sign-up necessary. Please join us!

**Arizona Rummy held on March 6th, 13th and 27th in the Card Room @ 2:30pm.** Join us for this exciting new version of the standard “rummy” card game. Anyone can learn. Simple rules and LOTS of fun!

**Art Challenge for the Art Enthusiasts—“As We Travel”**.....Due to the Life Enrichment Office on Monday, March 4th. Please share your paintings and/or photography of world travels! Share your love of sights, locations, experiences with your Franke family.

**Art with Jenny will be on Monday, March 18th @ 1:30pm and on Monday, March 25th @ 1:30pm in the Multipurpose Studio.**

On **March 18th** the subject will be the art of painting a Still Life-from life. We will use a viewfinder to frame the composition. Items will be set out on the tables for us to work with. On **March 25th** we will be painting flowers. Jenny will demonstrate how to paint the “white petals” of a daisy. A variety of flower reference photos will be offered. **Both days will be watercolor for all levels of painters and limited to 12 people in each class, so please be sure to sign up!**

**Bingo is held on Tuesdays and Fridays @ 7:00pm in the Narthex.** Bring \$1 to play.

**Book Club is on Wednesday, March 20th @ 2:30pm in the Card Room.** “Before We Were Yours” by Lisa Wingate will be the book discussed in March and poetry will be the topic for April.

**Brain Games is held EVERY Wednesday @ 1:30pm in the Card Room.** Join us as we learn fun ways to keep our brains sharp.

**Bridge continues to be held on Thursdays @ 1:00pm in the Card Room.** The sign up binder is located in the Wellness Center Lobby.

**BUNCO! Thursday, March 28th @ 7:00pm in the Card Room.** Fun with your Friends...You don’t want to Miss it!

**Carte Clothing Boutique Spring Show on March 5th from 10:00am to 2:00pm in Rodenberg Hall.** Great time to shop for your spring fashions. They carry petite and regular sizes.

**Don Oakley will be here on Thursday, March 21st from 9:00am to Noon** for a Croquet exhibition, instruction and assistance in purchasing mallets. Please join him on the croquet lawn at your leisure for tips on your game!

**Hand and Foot Players are welcome to join us EVERY Monday in the Card Room @ 1:00pm.** Sign up is on the Multipurpose Studio bulletin board.

**IPad/iPhone with Marie on March 7th @ 9:15am in the Boardroom for Emphasis on Texting and March 27th @ 2:15pm for Emphasis on Photos.**

**Just Craftin’ Around with Myranda is Wednesday, March 6th** “St. Patty’s” T-Shirt using the Cricut. Cost is \$9. And on **Wednesday, March 13th** write your names on an acrylic glass for \$8.

**Ladies Gathering on Wednesday, March 20th @ 10:00am in Rodenberg Hall.** All women are invited to join us. Our speaker will be Judy Clark Jackson, RN; who will be here celebrating National Storytelling Day with some “Lowcountry Laughter”! Please join us!

**The Learning Brain on Monday, March 4th** will be discussing “Dyslexia & Other Learning Disabilities”. **And on Monday, March 11th** the discussion will be on “Optimizing Your Learning”.

**Men’s Brunch is on Friday, March 8th @ 10:00am in Rodenberg Hall.** Please join us for a delightful brunch and to hear our speaker, Robert Philips from Tiger Corner Farms. This company builds aeroponic farms housed inside recycled shipping containers.....aren’t you curious???

**Needles and Things meets on Fridays @ 1:30pm in the Multipurpose Studio.** Join us for needlepoint, cross stitch, embroidery, knitting, or crochet projects? Join our group! Questions? Contact Nancy Norberg at e-mail [njn01@comcast.net](mailto:njn01@comcast.net), or call 843-856-2874.

**Recorders** will meet every Friday in the Card Room @ 10:00am.

**Saint Benedict Parish Junior Meets Senior, Monday, March 11th @7:00pm Burges Center.** St. Benedict children will be here on Monday evening doing individual interviews for school projects to “learn from our seniors”. They are in need of your wisdom in their early years and ask that you visit with them answering simple questions about lifetime interests. Please plan to join us.

**Saturday Matinee with Lisa on Saturday, March 16th @ 2:00pm is “Wild Hogs”.** This hysterically funny comedy with Tim Allen, John Travolta, Martin Lawrence and William H. Macy is about four weekend-warrior friends who decide to “rev up” their ho-hum suburban lives with a cross-country motorcycle adventure. Join us in the Boardroom for an afternoon of laughter and friendship!

## ***ALC Life Enrichment Outings—March 2019***

**AAA/Myrtle Beach Talk on Sunday, March 3rd@ 1:30pm in the Boardroom.** We will have a local representative from AAA here with us to share an opportunity for a day trip to Myrtle Beach on April 9th! Please join us for information on this trip and bring ideas for other locations you would like to go!!!

**Charleston County Public Library showing “Carmen”.** Music lovers please sign up to depart Franke @ 12:15pm on Saturday, March 2nd to see this Opera at the library. This is one of the discussions in “How to Listen & Understand Opera” and runs from 1:00pm to 4:30pm.

**Charleston Symphony Orchestra will offer “Romeo & Juliet” on Friday, March 1st.** We will depart Franke @ 6:30pm for the Gaillard Tickets will be approximately \$75 per seat.

**Charleston Symphony Orchestra will also be held on Thursday, March 14th with “Masquerade”.** We will again depart at 6:30pm. Please call the LE Office for your tickets and seat reservations on the bus. Tickets for this event are approximately \$75 each.

**East Cooper Concert Series on March 3rd departing Franke at 3:15pm.** Rutter Magnificat is the free concert @ Christ Church in Mt. Pleasant.

**Costco Wholesale Club—Let’s go to our brand new store right here in Mount Pleasant on Monday, March 18th @ 2:00pm.**

**Dinner @ Langdon’s in Mount Pleasant on Wednesday, March 20th departing @ 5:30pm.** Menu on LE Department bulletin board. Please sign up as space is limited for this restaurant.

**Dinner @ Rappahannock Oyster Bar on Monday, March 25th departing Franke @ 5:30pm.** See the menus on the LE bulletin board. Be sure to sign up for your seat on the bus.

**Dollar Tree on Monday, March 11th @ 10:00am.** The new store is now open on Coleman Blvd. in Mount Pleasant so if you are interested in shopping this is the time to get on the list!

**First United Methodist Church Annual Spring Tea & Ladies Craft Fair is March 20 thru 22 and our reservation is pending.** Menu and prices will be posted on the bulletin board. Please bring cash for your meal and treasures!

**The King’s Counterpoint “Israel In Egypt” will be on Sunday, March 24th.** We will depart Franke at 2:00pm and the tickets are \$25 each. This baroque masterpiece features an orchestra, double choir and soloists. Concert held at Kahal Kadosh Beth Elohim.

**Leukemia & Lymphoma Fundraiser Dinner/Auction/Dancing @ the Charleston Marriott on Friday, March 15th departing from Franke @ 5:30pm.** This event is from 6:30-10:30 and is in support of a family friend and the cost is \$65 per ticket or \$800 for a table of 10 people. Signage with more details is posted on the LE bulletin board. Tickets available until March 11th.

**Lunch With Lisa @ Wasabi here in Mount Pleasant on Wednesday, March 13th at 11:15am.** This is one of Lisa’s local favorites and she hopes that you will join her! Menu on the Life Enrichment bulletin board.

**Patriots Point Nature Trail on Friday, March 22nd departing Franke @ 10:00am for a Migratory Bird Fly Over.** Join us as we take an approximately two mile journey near Hogg Island over even terrain suitable for walking sticks. We will return to Franke by noon following this one hour walk.

**Publix Shopping on Thursday, March 14th @ 1:30pm for your every day shopping needs!**

**Shopping & Lunch Trip on Friday, March 15th departing Franke @ 9:30am with an estimated return time of 2:30pm.** The trip to Northwoods Mall was such a hit with the group at Christmas time, we thought we would give you another go at it. Lots of great shopping opportunities and plenty of lunch choices as well.

**“Steel Magnolias” is playing at Dock Street Theatre on Sunday, March 17th and we will depart Franke @ 2:00pm.** Ticket price will range from **\$52-\$57** each. Please sign up ASAP

**Village Concert Series @ Mount Pleasant Presbyterian Church on Friday, March 8th departing @ 6:30pm.** This will be an evening of woodwind music with members of the Charleston Symphony including a flutist, oboe, clarinet, French horn and percussion.

**Walmart Shopping on Thursday, March 28th @ 1:30pm.**

### **Mardi Gras Celebration & Evening of Talent**

March 5th—Fat Tuesday Social  
**(\$8 per Person Includes Open Bar)**  
**5:00pm to 7:00pm**

Entertainment, music, food and fun  
presented throughout various areas of Burges Center!

**Join us for an Evening to Remember!**

### **EVENTS @ RODENBERG HALL THIS MONTH**

Sunday, March 3rd @ 3:00pm Remington Concert

Sunday, March 10th @ 3:00pm Music Matters

Monday, March 18th @ 7:30pm Charleston Music Club

ALC Life Enrichment Department Contacts:

Lisa: 375-5011 Cindy: 375-5023 Myranda: 216-2219

March 2019

Active Lifestyle Life Enrichment Calendar

Campus Location Key

CR -Card Room BR-Board Room DR-Dining Room O-Outing  
 MS-Multi-Purpose Studio RH-Rodenberg Hall  
 N-Narthex CL-Cove Lounge HCL-Health Care Lobby

| Sun   | Mon   | Tue  | Wed  | Thu  | Fri   | Sat   |
|---|---|--|--|--|---|---|
|   | <b>2nd Thursday</b> —Alterations are done in the Activity Center at the Health Care Building beginning at 11am on the second Thursday of EVERY MONTH!   | <b>These events are special occurrences that do not normally take place and DO NOT require a sign-up, but we want them to stand out so that you DO NOT miss them!</b>  | All items in <b>BOLD</b> require a <b>SIGN-UP</b> please!<br><br>Thank You!  |  | <b>1</b><br><b>9:00-11:00 Take Back Drugs (Burgess Lib)</b><br>10:00 The Week That Was (BR)<br>10:00 Recorders (CR)<br>1:00 Mah Jongg (CR)<br>1:30 Needles & Things (MS)<br><b>6:30 CSO Romeo &amp; Juliet (O)</b><br>7:00 \$1 Bingo (N)  | <b>2</b><br>5:30am-8:00pm Open Swim<br>9:30am-12:00pm Open Croquet<br>9:30 Ping Pong (WC)<br>10:30 Bingo (N)<br>11:30 Lap Swim<br><b>12:00 Charleston County Library "Carmen" (O)</b> |
| <b>3</b><br>5:30am-8:00pm Open Swim<br><br>10:30 Holy Comm. (RH)<br><b>1:30 AAA/Myrtle Beach Day Trip (BR)</b><br>3:00 Remington Concert (RH)<br><b>3:15 Christ Church Concert Series (O)</b> | <b>4</b><br>8:00-9:00 Mako Lab (HR Clinic)<br>10:30 Catholic Service (RH)<br>11:00 Learning Brain - See Reverse (BR)<br><b>1:30 Hand &amp; Foot (CR)</b><br>3:00-5:30 Franke Chorus Practice (RH)   | <b>5</b> 9:30-12:00 Open Croquet<br>10:00 Franke U: Inventions (BR)<br>10:30 Bible Study (HCC BR)<br>10:30 Ukelele (CR)<br>12:00-3:30 Men's Lunch/Poker (DR)<br>1:30 Creative Writing (MS)<br>1:30 Investigating American Presidents (BR)<br>1:30-3:00 Advanced Hearing (CL)<br><b>5:00 Mardi Gras Celebration &amp; Evening of Talent (Burgess)</b><br><br>7:00 \$1 Bingo (N) | <b>6</b><br><br><b>10:00-11:00 Just Craftin' Around (CR)</b><br>11:00 Franke U: Lost Worlds (MS)<br>1:30 Brain Games (CR)<br>1:30 Acrylic Class (MS)<br>2:30 Arizona Rummy (CR)<br>4:00 Franke U: Guide to CA Wines (BR)<br>6:00 Community Duplicate Bridge (RH)   | <b>7</b><br>8:00-9:00 Mako Lab (HC Clinic)<br>9:15-10:30 Marie iPhone/iPad Texting (BR)<br>9:30-12:00 Open Croquet<br>9:45 Storytelling—Open Topic (CR)<br>11:00 Franke U: Understanding Opera (BR)<br>11:00 Hand Chime Rehearsal (CR)<br>1:00 Bridge (CR)   | <b>8</b><br>10:00 Men's Brunch (RH)<br>10:00 Recorders (CR)<br>10:30 Bookmobile (WC Parking Lot)<br>1:00 Mah Jongg (CR)<br>1:30 Needles & Things (MS)<br>2:00 The Week That Was (BR)<br><br><b>6:30 Village Concert Series (O)</b><br>7:00 \$1 Bingo (N)                            | <b>9</b><br>5:30am-8:00pm Open Swim<br>9:30am-12:00pm Open Croquet<br>9:30 Ping Pong (WC)<br>10:30 Bingo (N)<br>11:30 Lap Swim  |
| <b>10</b><br><b>Daylight Saving Time</b><br>5:30am-8:00pm Open Swim<br><br>10:30 Holy Comm. (RH)<br><br>3:00 Music Matters: (RH)<br>Violin Chamber Music                                      | <b>11</b><br>8:00-9:00 Mako Lab (HR Clinic)<br><b>10:00 Dollar Tree (O)</b><br>10:45 Catholic Service (RH)<br>11:00 Learning Brain - See Reverse (BR)<br><b>1:30 Hand &amp; Foot (CR)</b><br><b>7:00 St. Benedict Parish Jr. Meets Sr. (Burgess Center)</b> | <b>12</b><br>9:30-12:00 Open Croquet<br>10:00 Franke U: Inventions (BR)<br>10:30 Bible Study (HCC BR)<br>12:00-3:30 Men's Lunch/Poker (DR)<br>1:30 Investigating American Presidents (BR)<br>3:00-5:30 Franke Chorus Practice (RH)<br><br>7:00 \$1 Bingo (N)   | <b>13</b><br><b>10:00-11:00 Just Craftin' Around (CR)</b><br>11:00 Franke U: Lost Worlds (MS)<br><b>11:15 Lunch @ Wasabi with Lisa (O)</b><br>1:30 Brain Games (CR)<br>1:30 Acrylic Class (MS)<br>2:30 Arizona Rummy (CR)<br>4:00 Franke U: Guide to CA Wines (MS)<br>6:00 Community Duplicate Bridge (RH) | <b>14</b> 8:00-9:00 Mako Lab (HC Clinic)<br>9:30-12:00 Open Croquet<br>9:45 Storytelling—Memorable Journey (CR)<br>11:00 Franke U: Understanding Opera (BR)<br>11:00 Hand Chime Rehearsal (CR)<br>1:00 Bridge (CR)<br><b>1:30 Publix (O)</b><br>2:30 Great Discussions (BR)<br><b>3:00 Roger's Reptile Show (RH)</b><br><b>6:30 CSO "Masquerade" (O)</b> | <b>15</b><br>9:00 Episcopal Church Service (RH)<br><b>9:30-2:30 Shopping/Lunch (O)</b><br>10:00 The Week That Was (BR)<br>10:00 Recorders (CR)<br>1:00 Mah Jongg (CR)<br>1:30 Needles & Things (MS)<br><b>5:30 Leukemia &amp; Lymphoma Dinner (O)</b><br>7:00 \$1 Bingo (N)         | <b>16</b><br>5:30am-8:00pm Open Swim<br>9:30am-12:00pm Open Croquet<br>9:30 Ping Pong (WC)<br>10:30 Bingo (N)<br>11:30 Lap Swim<br><br>2:00 Movie "Wild Hogs" (BR)                    |
| <b>17</b><br>5:30am-8:00pm Open Swim<br><br>10:30 Holy Comm. (RH)<br><br><b>2:00 Steel Magnolias (O)</b>  | <b>18</b><br>8:00-9:00 Mako Lab (HR Clinic)<br>10:30 Catholic Service (RH)<br><b>1:30 Art with Jenny (MS)</b><br><b>1:30 Hand &amp; Foot (CR)</b><br><b>2:00 Costco Shopping (O)</b><br><br>7:30 Charleston Music Club (RH)                                 | <b>19</b><br>9:30-12:00 Open Croquet<br>10:00 Franke U: Inventions (BR)<br>10:30 Bible Study (HCC BR)<br>12:00-3:30 Men's Lunch/Poker (DR)<br>1:30 Creative Writing (MS)<br>1:30 Investigating American Presidents (BR)<br>3:00-5:30 Franke Chorus Practice (RH)<br><br>7:00 \$1 Bingo (N)   | <b>20</b><br>10:00 Women's Gathering (RH)<br>11:00 Franke U: Lost Worlds (MS)<br>1:30 Brain Games (CR)<br>1:30 Acrylic Class (MS)<br>2:30 Book Club (CR)<br>4:00 Franke U: Guide to CA Wines (BR)<br><b>5:30 Dinner @ Langdon's (O)</b><br>6:00 Community Duplicate Bridge (RH)                            | <b>21</b><br>8:00-9:00 Mako Lab (HC Clinic)<br><b>9:00-12:00 Don Oakley—Croquet Demo</b><br>9:45 Storytelling—Open Topic (CR)<br>11:00 Franke U: Understanding Opera (BR)<br>11:00 Hand Chime Rehearsal (CR)<br>1:00 Bridge (CR)<br><b>1:00-4:00 CPR (BR)</b>  | <b>22</b><br>10:00 The Week That Was (BR)<br>10:00 Recorders (CR)<br><b>10:00 Patriots Point Nature Trail (O)</b><br>10:30 Bookmobile (WC Parking Lot)<br><b>11:00 IOP Meth. Tea Room/Crafts (O)</b><br>1:00 Mah Jongg (CR)<br>1:30 Needles & Things (MS)<br><br>7:00 \$1 Bingo (N) | <b>23</b><br>5:30am-8:00pm Open Swim<br>9:30am-12:00pm Open Croquet<br>9:30 Ping Pong (WC)<br>10:30 Bingo (N)<br>11:30 Lap Swim   |
| <b>24</b><br>5:30am-8:00pm Open Swim<br>10:30 Holy Comm. (RH)<br><b>2:00 King's Counterpoint (O)</b><br><br><b>31</b><br>5:30am-8:00pm Open Swim<br><br>10:30 Holy Comm. (RH)                 | <b>25</b><br>8:00-9:00 Mako Lab (HR Clinic)<br>10:30 Catholic Service (RH)<br><b>1:00 Hand &amp; Foot (CR)</b><br><b>1:30 Art with Jenny (MS)</b><br><br><b>5:30 Dinner @ Rappahannock Oyster Bar (O)</b>   | <b>26</b><br>9:30-12:00 Open Croquet<br>10:00 Franke U: Inventions (BR)<br>10:30 Bible Study (HCC BR)<br>12:00-3:30 Men's Lunch/Poker (DR)<br>1:30 Investigating American Presidents (BR)<br>3:00-5:30 Franke Chorus Practice (RH)<br><br>7:00 \$1 Bingo (N)   | <b>27</b><br>10:00 Lean On Me (CL)<br>11:00 Franke U: Lost Worlds (MS)<br>1:30 Brain Games (CR)<br>1:30 Acrylic Class (MS)<br>2:15-3:30 iPad/iPhone Photos (BR)<br>2:30 Arizona Rummy (CR)<br>4:00 Franke U: Guide to CA Wines (BR)<br>6:00 Community Duplicate Bridge (RH)                                | <b>28</b><br>8:00-9:00 Mako Lab (HC Clinic)<br>9:30-12:00 Open Croquet<br>9:45 Storytelling—Student Life (CR)<br>11:00 Franke U: Understanding Opera (BR)<br>11:00 Hand Chime Rehearsal (CR)<br>1:00 Bridge (CR)<br><b>1:30 Wal-Mart (O)</b><br>2:30 Great Discussions (BR)<br>7:00 Bunco (CR)   | <b>29</b><br>10:00 The Week That Was (BR)<br>10:00 Recorders (CR)<br>1:00 Mah Jongg (CR)<br>1:30 Needles & Things (MS)<br><br><b>6:30 CSO Mozart's Requiem (O)</b><br>7:00 \$1 Bingo (N)  | <b>30</b><br>5:30am-8:00pm Open Swim<br>9:30am-12:00pm Open Croquet<br>9:30 Ping Pong (WC)<br>10:30 Bingo (N)<br>11:30 Lap Swim   |