

ALC Life Enrichment Department Contacts:

Lisa: 843-375-5011 Cindy: 843-375-5023 Myranda 843-216-2219

September 2019

Active Lifestyle Life Enrichment Calendar

Campus Location Key

CR -Card Room BR-Board Room DR-Dining Room
 HCCR-Healthcare Conference Rm. O-Outing MS-Multi-Purpose Studio
 RH-Rodenberg Hall WC—Wellness Center

Sun Mon Tue Wed Thu Fri Sat

<p>1 5:30am-8:30pm Open Swim</p> <p>10:30 Worship Service with Communion (RH)</p> <p>4:00 RiverDogs (O)</p>	<p>2</p> <p>Happy Labor Day!</p> <p>11:30-1:30 BBQ (RH)</p> <p>1:30 Hand & Foot (CR)</p>	<p>3 8:00-3:00 Open Croquet 10:30 Bible Study (HCCR) 11:00 Ukulele (CR) 12:00 Men’s Lunch/Poker (DR) 1:30 Creative Writing (MS) 3:00 Franke Choir Rehearsal (RH)</p> <p>7:00 \$1 Bingo (N)</p>	<p>4 1:00 Brain Games (CR) 1:30 Acrylic Class (MS) 1:30 Dollar Tree– West Ashley (O) 2:30 Arizona Rummy (CR) 4:00 Franke U: Guide to Wines of France (BR) 5:00-7:00 Happy Hour Entertainment 6:00 Comm. Duplicate Bridge (RH)</p>	<p>5 8:00-3:00 Open Croquet 9:45 Storytelling (CR) 11:00 Hand chime Rehearsal (CR) 11:00 Franke U: How to Listen to & Understand Opera-Part 2 (BR) 1:00 Bridge (CR) 1:00 Learn to Juggle (WC)</p>	<p>6 10:00 Recorders (CR) 10:00 The Week That Was (BR) 11:00-1:00 Taco Bar Fund Raiser (RH) 1:00 Mah Jongg (CR) 1:00–3:00 Craft Workshop (MS) 1:30 Fiber Art Show (O) 7:00 \$1 Bingo (N)</p>	<p>7 5:30am-8:00pm Open Swim 8:00-3:00 Open Croquet 9:30 Ping Pong 1:00 Open Cards (CR)</p> <p>6:30 Shaggin’ on the Cooper Mt. Pleasant Pier (O)</p>
<p>8 5:30am-8:30pm Open Swim</p> <p>10:30 Worship Service with Communion (RH)</p>	<p>9 8:00-9:00 East Cooper Lab (HC Clinic) 8:00-3:00 Bocce Open Court 9:30 Beach Outing (O) 11:00 Franke U: Agency History of CIA (BR) 10:45 Catholic Mass (RH) 1:00 Art with Jenny (MS) 1:30 Hand & Foot (CR) 3:15 Signing with Cindy (MS)</p>	<p>10 8:00-3:00 Open Croquet 10:30 Bible Study (HCCR) 10:30 Gracey & Lacey (RH) 11:00 Ukulele (CR) 12:00 Men’s Lunch/Poker (DR) 3:00 Franke Choir Rehearsal (RH)</p> <p>7:00 \$1 Bingo (N)</p>	<p>11 8:00-3:00 Bocce Open Court 11:00 Dragon Palace (O) 1:00 Brain Games (CR) 1:30 Acrylic Class (MS) 2:30 Arizona Rummy (CR) 4:00 Franke U: Guide to Wines of France (BR) 6:00 Comm. Duplicate Bridge (RH)</p>	<p>12 8:00-3:00 Open Croquet 9:45 Storytelling (CR) 11:00 Hand chime Rehearsal (CR) 11:00 Franke U: How to Listen to & Understand Opera-Part 2 (BR) 1:00 Bridge (CR) 1:30 Publix (O)</p>	<p>13 8:00-3:00 Bocce Open Court 10:00 Recorders (CR) 10:00 The Week That Was (BR) 10:30-11:00 Book Mobile (Front Drive) 11:30 “The Alley” Downtown (O) 1:00 Mah Jongg (CR) 1:00–3:00 Craft Workshop (MS) 5:00-7:00 Paint & Sip 7:00 \$1 Bingo (N)</p>	<p>14 5:30am-8:00pm Open Swim 8:00-3:00 Open Croquet 9:30 Ping Pong 1:00 Open Cards (CR)</p>
<p>15 5:30am-8:30pm Open Swim</p> <p>10:30 Worship Service with Communion (RH)</p> <p>3:00 Remington Concert: Yurry Bekker, violin Chee Hang See, piano</p>	<p>16 8:00-9:00 East Cooper Lab (HC Clinic) 8:00-3:00 Bocce Open Court 11:00 Franke U: Agency History of CIA (BR) 1:00 Art with Jenny (MS) 1:30 Hand & Foot (CR) 2:00 Costco (O) 3:15 Signing with Cindy (MS)</p>	<p>17 8:00-3:00 Open Croquet 10:30 Bible Study (HCCR) 10:00 Towne Center Shopping (O) 11:00 Ukulele (CR) 12:00 Men’s Lunch/Poker (DR) 1:30 Creative Writing (MS) 2:00 Alzheimer’s Support Grp. (HCCR) 3:00 Franke Choir Rehearsal (RH)</p> <p>7:00 \$1 Bingo (N)</p>	<p>18 8:00-3:00 Bocce Open Court 12:00 Book Club (CR) 1:00 Brain Games (CR) 1:30 Acrylic Class (MS) 2:30 Arizona Rummy (CR) 4:00 Franke U: Guide to Wines of France (BR) 5:00 Circa 1886 (O) 6:00 Comm. Duplicate Bridge (RH)</p>	<p>19 8:00-3:00 Open Croquet 9:45 Storytelling (CR) 11:00 Hand chime Rehearsal (CR) 11:00 Franke U: How to Listen to & Understand Opera-Part 2 (BR) 1:00 Bridge (CR) 1:00 Learn to Juggle (WC) 7:00 BUNCO (CR)</p>	<p>20 8:00-3:00 Bocce Open Court 9:00 Episcopal Church Service (RH) 9:30 Beach Outing (O) 10:00 Recorders (CR) 10:00 The Week That Was (BR) 10:00-2:00 BAKE SALE (HC Front Lobby) 12:00 Book Club (CR) 1:00 Mah Jongg (CR) 1:00–3:00 Craft Workshop (MS) 1:00 “My Fair Lady” (RH) 7:00 \$1 Bingo (N)</p>	<p>21 5:30am-8:00pm Open Swim 8:00-3:00 Open Croquet 9:30 Ping Pong 1:00 Open Cards (CR)</p>
<p>22 5:30am-8:30pm Open Swim</p> <p>10:30 Worship Service with Communion (RH)</p> <p>2:15 Raleigh Ringers (O)</p>	<p>23 8:00-9:00 East Cooper Lab (HC Clinic) 8:00-3:00 Bocce Open Court 9:15 Old Slave Mart Museum (O) 11:00 Franke U: Agency History of CIA (BR) 1:00 Art with Jenny (MS) 1:30 Hand & Foot (CR) 3:15 Signing with Cindy (MS)</p>	<p>24 8:00-3:00 Open Croquet 10:30 Bible Study (HCCR) 11:00 Ukulele (CR) 12:00 Men’s Lunch/Poker (DR) 1:30 Salty Sisters Cruise (O) 3:00 Franke Choir Rehearsal (RH)</p> <p>7:00 \$1 Bingo (N)</p>	<p>25 8:00-3:00 Bocce Open Court 8:30 Broken Egg Café (O) 1:00 Brain Games (CR) 1:30 Acrylic Class (MS) 2:30 Arizona Rummy (CR) 3:00 Corn Hole Tournament (TBA) 4:00 Franke U: Guide to Wines of France (BR) 6:00 Comm. Duplicate Bridge (RH)</p>	<p>26 8:00-3:00 Open Croquet 9:45 Storytelling (CR) 10:00 Charleston Quilt Festival (O) 11:00 Hand chime Rehearsal (CR) 11:00 Franke U: How to Listen to & Understand Opera-Part 2 (BR) 1:00 Bridge (CR) 1:30 WalMart (O)</p>	<p>27 8:00-3:00 Bocce Open Court 10:00 Recorders (CR) 10:00 The Week That Was (CR) 10:30-11:00 Book Mobile (Front Drive) 1:00 Mah Jongg (CR) 1:00–3:00 Craft Workshop (MS) 1:00-3:00 Ice Cream Truck (HC Front Dr) 6:30 CSO Mozart in the Lowcountry (O) 7:00 \$1 Bingo (N)</p>	<p>28 5:30am-8:00pm Open Swim 8:00-3:00 Open Croquet 9:30 Ping Pong 1:00 Open Cards (CR)</p>

29
5:30am-8:30pm Open Swim

10:30 Worship Service with Communion (RH)

3:00 Music Matters (RH) “Guitar Classique”

30 8:00-9:00 East Cooper Lab (HC Clinic)
8:00-3:00 Bocce Open Court
9:30 Beach Outing (O)
11:00 Franke U: Agency History of CIA (BR)
1:00 Art with Jenny (MS)
1:30 Hand & Foot (CR)
3:15 Signing with Cindy (MS)

These are events that DO NOT Occur on a regular basis but we DO NOT want you to miss out on them!

Events that are noted in BOLD are required on the Sign Up sheet and there are a limited number of people eligible for these events. Please sign up and turn in your sheet for a reservation!

ALTERATIONS are done on the second Thursday of the month @ 11:00am in the Activities Center in the Healthcare Building.

ALTERATIONS are done on the second Thursday of the month @ 11:00am in the Activities Center in the Healthcare Building.

ALTERATIONS are done on the second Thursday of the month @ 11:00am in the Activities Center in the Healthcare Building.