

# February 2019

## The Harbor – Assisted Living

						1 9:30 Seated Exercise (HH) 10:00 Independent Games(AC) <b>1:00 Scenic Bus Drive with ice cream (O)</b>	2 10:30 Big Bingo (N) 1:30 Independent Games (AC) 3:00 Mark Mason – Oldies & Goodies (CH) <small>Groundhog Day</small>
3 10:30 Holy Communion (CH) 1:30 Independent Games (AC) 2:00 All Saints intergenerational activities (CH)	4 9:30 Seated Exercise (HH) 10:30 Catholic Services (CH) 1:30 Wii Bowling (CC) 3:00 Pope Frances Documentary (CL)	5 9:30 Seated Exercise (HH) 10:30 Bingo (CC) 10:30 Bible Study(CL) 1:30 Manicures (CC) 1:30 – 3:00 Advanced Hearing( CL) <small>Chinese New Year</small>	6 9:30 Seated Exercise (HH) 10:00 iN2L Fun (HH) 2:00 Brain Games (HH) 3:15 Book Club (AC)	7 10:00 Target (O) 10:30 History Class with Corrie (CL) 2:00 Pet Therapy <b>2:30 Science for Seniors Making Mock Apple pie (CH)</b>	8 9:30 Seated Exercise (HH) 10:00 Men’s Brunch 10:00 Independent Games (AC) 1:30 Wii Bowling (CC) 2:30 Movie matinee- ( Fried Green Tomatoes) ( HP)	9 10:30 Big Bingo (N) 1:30 Independent Games (AC)	
10 10:30 Holy Communion (CH) 1:30 Independent Games (AC) 3:00 Music Matters – Piano recital –Caleb Borick (CH)	11 9:30 Seated Exercise (HH) 10:45 Catholic Mass (CH) 1:30 Wii Bowling (CC) 2:30 Social Hour with Kelly (CC)	12 9:30 Seated Exercise (HH) 10:00 Resident Council (HH) 10:30 Bingo (CC) 10:30 Bible Study(CL) <b>11:30 Page’s Okra Grill (O)</b> 2:00 Dog visits	13 9:30 Seated Exercise (HH) 10:00 iN2L Fun (HH) 1:30 Baking Valentine Cookies( AC)	14 <b>6-8pm Sweetheart Ball The Citadel Cadets &amp; Gary Pecorella on Piano (after dinner)</b> 10:30 History Class with Corrie (CL) 11:00 Alterations (AC)\ 2:00 Pet Therapy <b>3:00 Happy Hour w/Ryan (PAV)</b> <small>Valentine’s Day</small>	15 9:00 Grace Episcopal Church (CH) 9:30 Seated Exercise (HH) <b>1:30 Art Class with Gayle (AC)</b> 3:15 Afternoon Movie (HP)	16 10:30 Big Bingo (N) 1:30 Independent Games (AC)	
17 10:30 Holy Communion (CH) 1:30 Independent Games (AC) 3:00 Remington Concert Rex Connor, Violin Janet Elshazly, Piano(CH)	18 9:30 Seated Exercise (HH) 10:30 Catholic Services (CH) 1:30 Wii Bowling (CC) 3:00 Let’s play cards (AC) <small>Presidents’ Day (US)</small>	19 9:30 Seated Exercise (HH) 10:30 Bingo (CC) 10:30 Bible Study(CL) 1:30 Manicures (CC) 3:00 Residents’ History (HH) 5:45 Alzheimer’s Support Group( CR)	20 9:30 Seated Exercise (HH) 10:00 Lean On Me(L) <b>1:00 ETV Veteran Special Event (CH)</b> 2:00 Brain Games (HH) 3:15 Book Club (AC)	21 10:30 History Class with Corrie (CL) 2:00 Pet Therapy <b>2:30 – February Birthday Bash (CH)</b>	22 9:30 Seated Exercise (HH) 10:00 Independent games (AC) <b>1:30 “The Week That Was with Jeff” (C L)</b> 3:00 Wii Bowling(CC)	23 10:30 Big Bingo (N) 1:30 Independent Games (AC)	
24 10:30 Holy Communion (CH) 1:30 Independent Games (AC) 3:00 St. Matthew Annual Tea (WELCA) (CH)	25 9:30 Seated Exercise (HH) 10:30 Catholic Services (CH) 1:30 Wii Bowling (CC) 3:00 In the news with Kelly (	26 9:30 Seated Exercise (HH) 10:30 Bingo (CC) 10:30 Bible Study(CL) 1:30 Manicures (CC) 2:00 Dog visits	27 9:30 Seated Exercise (HH) 10:00 iN2L Fun (HH) 3:15 Book Club (AC)	28 10:30 History Class with Corrie (CL) 2:00 Pet Therapy 1:30 Baking cookies with Violet ( Chocolate chip) ( AC) 6:30 Early Spring Ballet (CH)	<b>Location Key:</b> Activity Center(AC) Northex (N) Cove Lounge (CL) Outing (O) Colonial Court (CC) Front Porch (FP) Heritage Hall (HH) Harbor Point (HP) Chapel (CH) Main Lobby (ML)		