

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Virtual Sermon with Chaplain Alvin (L) 2:00 Rummikub (L) Daylight Saving Time Ends	9:30 Coffee Social (L) 10:00 Circuit Training with Rebecca (FC) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 2:00 Wine and Design (L) 3:00 Sequence (L)	9:30 Bocce (C) 10:30 Blood Pressure (Vicki) 1:00 Line Dancing with Active Lifestyle- Sign-Up at Burgess Center (B) 1:00 Manicures (L) 2:00 Rummikub (L) 3:00 Sips and Chats (L&FP) 3:00 Wii Bowling (L)	10:00 Sit and Be Fit with Brittany (FC) 10:45 Bible Study with Chaplain Alvin (L) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Happy Hour (N)	10:00 B.I.N.G.O (L) 1:00 Bridge 3:00 Rummikub (L)	10:00 Aerobic Dancing (FC) 2:00 Movie Matinee (L)	1:00 Hand and Foot (L) Enjoy the Beautiful Fall Weather
10:30 Virtual Sermon with Chaplain Alvin (L) 2:00 Rummikub (L)	9:30 Coffee Social (L) 10:00 Circuit Training with Brittany (FC) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Sequence (L)	9:30 Bocce (C) 10:30 Blood Pressure (Vicki) 1:00 Line Dancing with Active Lifestyle- Sign-Up at Burgess Center (B) 1:00 Manicures (L) 2:00 Rummikub (L) 3:00 Sips and Chats (L&FP) 3:00 Wii Bowling (L)	10:00 Sit and Be Fit with Brittany (FC) 10:45 Bible Study with Chaplain Alvin (L) 12:00 Eat-In 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Happy Hour (N) Veterans Day Remembrance Day (Canada)	10:00 B.I.N.G.O (L) 1:00 Bridge 1:00 Group 1- Scenic Drive with Hot Chocolate (O) 3:00 Rummikub (L)	10:00 Aerobic Dancing (FC) 1:00 Virtual Art Therapy with Leigh-Ann (L) 2:00 Movie Matinee (L)	1:00 Hand and Foot (L) Enjoy the Beautiful Fall Weather
10:30 Virtual Sermon with Chaplain Alvin (L) 2:00 Rummikub (L)	9:30 Coffee Social (L) 10:00 Circuit Training with Brittany (FC) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 2:00 Wine and Design (L) 3:00 Sequence (L)	9:30 Bocce (C) 10:30 Blood Pressure (Vicki) 1:00 Line Dancing with Active Lifestyle- Sign-Up at Burgess Center (B) 1:00 Manicures (L) 2:00 Rummikub (L) 3:00 Sips and Chats (L&FP) 3:00 Wii Bowling (L)	10:00 Sit and Be Fit with Brittany (FC) 10:45 Bible Study with Chaplain Alvin (L) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Happy Hour (N) 5:00 Eat-In	10:00 B.I.N.G.O (L) 1:00 Bridge 1:00 Group 2- Scenic Drive with Hot Chocolate (O) 3:00 Rummikub (L)	10:00 Aerobic Dancing (FC) 2:00 Movie Matinee (L)	1:00 Hand and Foot (L) Enjoy the Beautiful Fall Weather
10:30 Virtual Sermon with Chaplain Alvin (L) 2:00 Rummikub (L)	9:30 Coffee Social (L) 10:00 Circuit Training with Rebecca (FC) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Sequence (L) 3:00 Add a Feather to the Turkey- What are You Thankful For? (ML)	9:30 Bocce (C) 10:30 Blood Pressure (Vicki) 1:00 Line Dancing with Active Lifestyle- Sign-Up at Burgess Center (B) 1:00 Manicures (L) 2:00 Rummikub (L) 3:00 Sips and Chats (L&FP) 3:00 Wii Bowling (L)	10:00 Sit and Be Fit with Rebecca (FC) 10:45 Bible Study with Chaplain Alvin (L) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Happy Hour (N)	10:00 Resident-Led B.I.N.G.O (L) 1:00 Bingo 3:00 Rummikub (L) Thanksgiving Day (US)	No Exercise Today 2:00 Movie Matinee (L)	1:00 Hand and Foot (L) Enjoy the Beautiful Fall Weather
10:30 Virtual Sermon with Chaplain Alvin (L) 2:00 Rummikub (L)	9:30 Coffee Social (L) 10:00 Circuit Training with Brittany (FC) 1:00 Walking Club with Active Lifestyle (Meet Across From the Dog Park) 3:00 Sequence (L)	C- Court L- Cove Lounge FC- Fitness Center B- Burgess Center FP- Front Porch N- Narthex O- Outing ML- Main Lobby	Outdoor Performance- Date/Time TBD			
<h1>November 2020</h1> <h2>COVE</h2>						