

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30am Exercise/Stretching (HH) 10:15am Walking Club (FP) 10:15am Bible Study with Dr. McDonald (HH) 1:00pm SEQUENCE (CL) 1:00pm Board Games (CC) 2:00pm Mark Mason (CC)	9:30am Exercise/Toning (HH) 2 10:00am Our World Today (HH) 10:30am Resident Council Meeting (HH) 1:00pm Let's Get Trivial (CL) 1:00pm Manicures (HH) 2:00pm Pet Therapy 3:30pm Dinner Outing (O)	9:30am Exercise/Senior Strength Training (HH) 3 10:15am WII Bowling (CC) 1:00pm Manicures (CC) 2:45pm Recipes With Residents (CC) Watermelon Day	9:30am Exercise/Body @Balance (HH) 4 10:45am Morning Movements(CC) 1:00pm BINGO (HH) 2:00pm Coast Guard Speaker (CH) 3:30pm Happy Hour (FP) HAPPY BIRTHDAY COASTGUARD!	9:30am Exercise/Endurance and Energy (HH) 5 10:45am Walking Club (FP) 1:00pm Trivia (CC) 3:00pm Crafty Drought/What's in a beer? (O) 7:00pm \$2 BINGO (CL) Beer Day	10:30am Campus Bingo (CL) 6 12:30pm WII Bowling (CC) 2:00pm The Whiting's Theater Show (CH) 3:30pm Rummikub (HH)	
10:30am Lutheran Church Service (CH) 7 1:30pm Brain Games (CC) 2:30pm Ice Cream Sundays (CC)	9:30am Exercise/Stretching (HH) 8 10:15am Walking Club/Bike Rides (FP) 10:15am Bible Study with Dr. McDonald (HH) 1:00pm SEQUENCE (CL) 1:00pm Board Games (CC) 2:00 pm Maddelaine/Logan's Classic Guitar Tunes (CC)	9:30am Exercise/Toning (HH) 9 10:00am Our World Today (HH) 1:00pm Let's Get Trivial (CL) 1:00pm Manicures (HH) 2:00pm Pet Therapy 2:15pm Touring The Town (O) 3:30pm Happy Hour (CC)	9:30am Exercise/Senior Strength Training (HH) 10 10:15am WII Bowling (CC) 1:00pm Manicures (CC) 2pm - 3pm Charleston County Mobile Library (N) 2:45pm How the Cook Book Began (CC)	9:30am Exercise/Body @Balance (HH) 11 10:45am Morning Movements(CC) 2:00pm Touring The Town (O) 1:00pm BINGO (HH) 3:30pm Happy Hour (FP)	9:30am Exercise/Endurance and Energy (HH) 12 10:45am Walking Club/Bike Rides (FP) 1:00pm Trivia (CC) 3:00pm Golf Cart Rides (FP) 7:00pm \$2 BINGO (CL)	10:30am Campus Bingo (CL) 13 12:30pm WII Bowling (CC) 1:30pm Franke Cinema 3:30pm Rummikub (HH)	
10:30am Lutheran Church Service (CH) 14 1:30pm Brain Games (CC) 2:30pm Ice Cream Sundays (CC)	9:30am Exercise/Stretching (HH) 15 10:15am Walking Club (FP) 10:15am Bible Study with Dr. McDonald (HH) 1:00pm SEQUENCE (CL) 1:00pm Board Games (CC) 2:00pm Road To Bald: Movie and Popcorn (CH) "TELL A JOKE DAY"	9:30am Exercise/Toning (HH) 16 10:00am Our World Today (HH) 11:45am Crab House (O) 1:00pm Let's Get Trivial (CL) 1:00pm Manicures (HH) 2:00pm Comedian Robin Phoenix (CH) 2:00pm Pet Therapy 3:30pm Happy Hour (CC)	9:30am Exercise/Senior Strength Training (HH) 17 10:00am WII Bowling (CC) 1:00pm Manicures (CC) 2:30pm Birthday Bash (CH)	9:30am Exercise/Body @Balance (HH) 18 10:45am Morning Movements(CC) 1:00pm BINGO (HH) 3:30pm Happy Hour (FP)	9:30am Exercise/Endurance and Energy (HH) 19 10:45am Walking Club (FP) 1:00pm Rummikub Run Off! (CH) 3:00pm Golf Cart Rides (FP) 7:00pm \$2 BINGO (CL)	10:30am Campus Bingo (CL) 20 12:30pm WII Bowling (CC) 1:30pm Franke Cinema 3:30pm Rummikub (HH)	
10:30am Lutheran Church Service (CH) 21 1:30pm Brain Games (CC) 2:30pm Ice Cream Sundays (CC) Senior Citizen Day	9:30am Exercise/Stretching (HH) 22 10:15am Walking Club/Bike Rides (FP) 10:15am Bible Study with Dr. McDonald (HH) 1:00pm SEQUENCE (CL) 1:00pm Board Games (CC) 2:00pm Iris Brown's Gospel Sing-Along (CC)	9:30am Exercise/Toning (HH) 23 10:00am Our World Today (HH) 1:00pm Let's Get Trivial (CL) 1:00pm Manicures (HH) 2:00pm Pet Therapy 2:00pm Target (O) 3:30pm Happy Hour (CC)	9:30am Exercise/Senior Strength Training (HH) 24 10:15am WII Bowling (CC) 1:00pm Manicures (CC) 2pm - 3pm Charleston County Mobile Library (N) 2:45pm Recipes With Residents (CC)	9:30am Exercise/Body @Balance (HH) 25 10:45am Morning Movements(CC) 12:15pm Carolina Belle Harbor Tour (O) 1:00pm BINGO (HH)	9:30am Exercise/Endurance and Energy (HH) 26 10:45am Walking Club/Bike Rides (FP) 1:00pm Trivia (CC) 3:00pm Golf Cart Rides (FP) 7:00pm \$2 BINGO (CL)	10:30am Campus Bingo (CL) 27 12:30pm WII Bowling (CC) 1:30pm Franke Cinema 3:30pm Rummikub (HH)	
10:30am Lutheran Church Service (CH) 28 1:30pm Brain Games (CC) 2:30pm Ice Cream Sundays (CC)	9:30am Exercise/Stretching (HH) 29 10:15am Walking Club (FP) 10:15am Bible Study with Dr. McDonald (HH) 1:00pm SEQUENCE (CL) 1:00pm Board Games (CC) 1:00 - 3:00pm Holy Rolly Ice-Cream Truck (FP)	9:30am Exercise/Toning (HH) 30 10:00am Our World Today (HH) 1:00pm Let's Get Trivial (CL) 1:30pm Manicures (HH) 2:00pm Pet Therapy 3:30pm Happy Hour (CC) NATIONAL BEACH DAY	9:30am Exercise/Senior Strength Training (HH) 31 10:15am WII Bowling (CC) 12:15pm Barns and Noble/Starbucks (O) 1:00pm Manicures (CC) 2:45pm What is really in a Cucumber? (CC)	AC-Activity Center O-Outing CH-Chapel N-Narthex HH-Heritage Hall CC-Colonial Court R-Room ML-Main Lobby HP-Harbor Point FP-Front Porch			

Assisted Living