

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2021 Assisted Living

						9:30 Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)	1	2:00 Virtual Violin and Viola Concert with Sora (CC & HP)	2
						Weekend Activities Packets Distributed		Complete Your Weekend Activities Packets	
						New Year's Day			
10:00 Virtual Sermon with Chaplain Alvin (CC) 1:30 Virtual Sermon with Chaplain Alvin (HH)	3 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)  National Spaghetti/Trivia Day	4 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:00 Resident Council Upstairs (HH) 10:30 Bingo Upstairs Res. (HH) 1:00 Resident Council Downstairs (CC) 1:00 Downton Abbey Season 6 for Upstairs Res (HP) 1:30 Manicures for Downstairs Res. (CC) 2:30 Activity of Choice National Bird Day	5 9:30 Chair Exercise (HH) 10:15 Word Games (CC) 1:30 Word Games (HP) 2:30 Sips and Chats	6 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Downstairs Res. (CC) 1:00 Manicures for Upstairs Res. (HH) 1:00 Downton Abbey Season 6 Downstairs Res. (CC) 2:00 The Harbor Shop (CC, HH, HP)	7 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)	8 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)		1:30 Franke Cinema (HP) (CC)	9 Complete Your Weekend Activities Packets
10:00 Virtual Sermon with Chaplain Alvin (CC) 1:30 Virtual Sermon with Chaplain Alvin (HH)	10 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP) 3:00 Baking with Brittany (CC)  National Milk Day	11 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Upstairs Res. (HH) 1:00 Downton Abbey Season 6 for Upstairs Res (HP) 1:30 Manicures for Downstairs Res. (CC) 2:30 Activity of Choice	12 9:30 Chair Exercise (HH) 10:15 Word Games (CC) 1:00 Scenic Bus Ride (O) 1:30 Word Games (HP) 2:30 Sips and Chats	13 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Downstairs Res. (CC) 1:00 Manicures for Upstairs Res. (HH) 1:00 Downton Abbey Season 6 Downstairs Res. (CC) 2:00 The Harbor Shop (CC, HH, HP) 3:00 The Cool Table- Guys Only (AC)	14 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)	15 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)		1:30 Franke Cinema (HP) (CC)	16 Complete Your Weekend Activities Packets
10:00 Virtual Sermon with Chaplain Alvin (CC) 1:30 Virtual Sermon with Chaplain Alvin (HH)	17 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)  Martin Luther King Day	18 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Upstairs Res. (HH) 1:00 Downton Abbey Season 6 for Upstairs Res (HP) 1:30 Manicures for Downstairs Res. (CC) 2:30 Activity of Choice  National Popcorn Day	19 9:30 Chair Exercise (HH) 10:15 Word Games (CC) 1:30 Word Games (HP) 2:30 Sips and Chats	20 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Downstairs Res. (CC) 1:00 Manicures for Upstairs Res. (HH) 1:00 Downton Abbey Season 6 Downstairs Res (CC) 2:30 Birthday Bash Cart (R)	21 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)	22 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)		1:30 Franke Cinema (HP) (CC)	23 Complete Your Weekend Activities Packets
10:00 Virtual Sermon with Chaplain Alvin (CC) 1:30 Virtual Sermon with Chaplain Alvin (HH)	24 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP) 3:00 Baking with Brittany (HP)  Activity Professionals Week	25 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Upstairs Res. (HH) 1:00 Downton Abbey Season 6 for Upstairs Res (HP) 1:30 Manicures for Downstairs Res. (CC) 2:30 Activity of Choice	26 9:30 Chair Exercise (HH) 10:15 Word Games (CC) 1:00 Scenic Bus Ride (O) 1:30 Word Games (HP) 2:30 Sips and Chats	27 9:30 Morning Visits (R) 10:00 Sit and Be Fit (CC) 10:30 Bingo Downstairs Res. (CC) 1:00 Manicures for Upstairs Res. (HH) 1:00 Downton Abbey Season 6 Downstairs Res (CC) 2:00 The Harbor Shop (CC, HH, HP) 3:00 The Cool Table- Guys Only (AC)	28 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)	29 9:30 Chair Exercise (HH) 10:15 Wii Bowling (CC) 1:30 Rummikub (WH) 2:30 Wii Bowling (HP)		1:30 Franke Cinema (HP) (CC)	30 Complete Your Weekend Activities Packets
10:00 Virtual Sermon with Chaplain Alvin (CC) 1:30 Virtual Sermon with Chaplain Alvin (HH)	31 National Hot Chocolate Day	<p align="center"><b>January Wii Bowling Contest: Assisting Living vs. Cove Independent Living</b></p> <p align="center"><b>Happy New Year (2021)</b></p>							

