

Daily Schedule



SEPTEMBER



7:00am-9:00am Wake-up / Personal Grooming / Breakfast

9:00am-10:00am Clean up after breakfast / Exercise / Resting / Newspaper

10:00am-11:30am Hydration offered / Socializing / Physical / Sensory / Cognitive

11:30am-12:30pm Lunch Time

12:30pm-1:30pm Lunch clean-up / Personal Grooming / Hygiene

1:30pm-2:00pm Quiet time / Soft music / TV/ Hand Massages

2:00pm-3:30pm Socializing / Physical / Sensory/ Cognitive activity

3:30pm-4:00pm Snacks & hydration offered / Reminiscing / Soft music

4:00pm-5:00pm Table set-up for dinner / Quiet time / Soft music

5:00pm-6:00pm Supper Time

6:00pm-7:00pm Socializing / Supper clean-up / Movie / Music

7:00pm-8:00pm Low stimulus activities / Music

8:00pm-9:00pm Snacks & hydration offered / Bedtime preparation / Quiet time

9:00pm-8:00am Activities & snacks offered to meet individual residents' needs

LOCATION KEY

Courtyard (CY);
 Front Porch (FP); Outing (O);
 Narthex (N); Chapel (CH);
 Mappus Conference Room (MCR);
 Colonial Court (CC)
 Activity Center (AC)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:15 Stretching 1 10:30 Worship Service with Communion 1:30 Scenic Drive (O) 3:00 Refreshment Cart 3:30 Wii Bowling	9:15 Current Events 2 10:30 Labor Day Trivia 1:30 Ellen & Mindy Visit 2:00 Walking Club 3:00 Refreshment Cart 3:30 Movie Matinee	9:15 Rise and Shine 3 10:30 Bingo (N) 2:00 Uncle Sam Posters 3:00 Refreshment Cart 3:30 Manicures Happy Birthday, Uncle Sam	9:15 Rise and Shine 4 8:15 Egg's Up Grill (O) 2:00 What's Cookin'?? 3:00 Refreshment Cart 3:30 Trivia Time	9:45 Music Therapy 5 10:30 Gracie & Lacy (CH) 2:00 Strolls with Alisa 2:00 Enjoy the Outdoors 2:15 Pet Therapy 3:00 Refreshment Cart 3:30 Reminiscing	\$5 Fiesta Friday: Taco Bar 11-1 in Chapel 9:15 Rise and Shine 10:00 Art Therapy 2:00 Patio Chats 3:00 Refreshment Cart 3:30 Oldies TV	9:15 Current Events 7 10:30 BINGO (N) 2:00 Patio Trivia 3:00 Refreshment Cart 3:30 Way Back When	
	Assisted Living Week 8 10:30 Worship Service with Communion 2:00 Word Games 3:00 Refreshment Cart 3:30 Family Trees	9:15 Croquet Trials 9 10:45 Catholic Mass 1:30 Ellen & Mindy Visit 2:00 30's Musical Trivia 3:30 Movie Matinee	9:15 Rise and Shine 10 10:30 Bingo (N) 11:15 Sticky Fingers (O) 2:00 Manicures 3:00 40's Sock Hop Social (N)	9:15 Rise and Shine 11 10:30 Name That Tune Balloon Toss 2:00 Iris Brown's Gospel Sing-Along 3:30 50's Staff Hula Hoop Contest	9:45 Music Therapy 12 10:45 Cranium Crunch 2:00 Strolls with Alisa 2:00 Enjoy the Outdoors 2:15 Pet Therapy 2:30 1960's Karaoke Sing Along with Terry	9:15 Current Events 13 10:30 Linda's Garden Club 2:00 Patio Chats 3:00 Refreshment Cart 3:30 70's Popular Cars	9:15 Current Events 14 10:30 BINGO (N) 2:00 Patio Trivia 3:00 Refreshment Cart 3:30 Way Back When	
	9:15 Current Events 15 10:30 Worship Service with Communion 2:00 Word Games 3:00 Refreshment Cart 3:00 Remington	9:15 Croquet Trials 16 10:45 Creative Storytelling 1:30 Ellen & Mindy Visit 2:00 Bingo with Ryan 3:00 Refreshment Cart 3:30 Movie Matinee	9:15 Rise and Shine 17 10:30 Bingo (N) 2:00 Football Signs 3:00 Refreshment Cart 3:30 Manicures Alzheimer's Support Group 2:00 pm (MCR)	9:15 Rise and Shine 18 9:15 Mt. Pleasant Pier (O) 2:00 Buddy Cox's Guitar Performance 3:00 Refreshment Cart 3:30 Trivia Time	9:45 Music Therapy 19 2:00 Strolls with Alisa 2:15 Pet Therapy 2:30 Birthday Bash with Jim Seem (CH)	10-2 Bake Sale 20 9:00 Grace Church Cathedral (CH) 9:15 Current Events 10:00 Art Therapy 1:00 My Fair Lady 3:00 Refreshment Cart	9:15 Rise and Shine 21 10:30 BINGO (N) 2:00 Patio Trivia 3:00 Refreshment Cart 3:30 Way Back When	
	9:15 Stretching 22 10:30 Worship Service with Communion 1:30 Scenic Drive (O) 3:00 Refreshment Cart 3:30 Wii Bowling	9:15 Current Events 23 10:30 Hand Massages 1:30 Ellen & Mindy Visit 2:00 Walking Club 3:00 Refreshment Cart 3:30 Movie Matinee- The Sound of Music	9:15 Rise and Shine 24 10:30 Bingo (CC) 2:00 Crafting- Design Your Own Hat 3:00 Refreshment Cart 3:30 Manicures	9:15 Rise and Shine 25 10:30 Name That Tune Balloon Toss 1:30 What's Cookin'?? 3:00 Staff Corn Hole Tournament 3:00 Refreshment Cart	9:45 Music Therapy 26 10:45 Cranium Crunch 2:00 Enjoy the Outdoors 2:15 Pet Therapy 3:00 Refreshment Cart 3:30 Reminiscing- Football	9:15 Rise and Shine 27 10:30 Linda's Garden Club 2:00 Ice-Cream Truck (FP) 3:00 Refreshment Cart 3:30 Oldies TV Shows	9:15 Rise and Shine 28 10:30 BINGO (N) 2:00 Patio Trivia 3:00 Refreshment Cart 3:30 Way Back When	
	9:15 Current Events 29 10:30 Worship Service with Communion (CH) 2:00 Word Games 3:00 Music Matters-Classical Guitar (CH)	9:15 Croquet Trials 30 10:30 Creative Storytelling 1:30 Ellen a& Mindy Visit 2:00 Bingo with Ryan 3:00 Refreshment Cart 3:30 Movie Matinee	AUTUMN					

Franke at Seaside 1885 Rifle Range Road Mount Pleasant, SC 29464 Brittany Wilgus, Activities Assistant
 Chaplain Alvin will provide 1:1 Pastoral Visits throughout the month.
 Special events will occur as written on monthly calendar. Daily schedule is listed on the left.

All activities & times are subject to change.

