


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div> <h1>January 2026</h1> <h2>Assisted Living</h2> <h3>Life Enrichment Calendar</h3> </div>				9:30am Exercise (HP) 1 10:30am Morning Movement (CC) 2:00pm Beach Ball Volley (CC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)  New Year's Day	9:30am Exercise (HP) 2 10:30am Morning Movement (CC) 1:00pm Great Courses: American Revolution (CC) 3:00pm Corn Hole Social (CC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 3 1:00pm Movie Matinee: <i>The Secret Dare to Dream</i> (CC) 3:00pm Dominoes (LEC)
10:30am Sunday Church Service (CH) 4 1:00pm Grocery Store Trip (Sign up with Emily) 4:00pm Charleston Flute Choir Concert (CH)	9:30am Exercise (HP) 5 10:30am Balloon Tennis (CC) 1:00pm Documentary: 3:00pm January Random Trivia (CC)	9:30am Exercise (HP) 6 10:30am Brain Games with Emily (CC) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) 3:30pm Stations of the Nativity with Epiphany Celebration (CH)	9:30am Exercise (HP) 7 10:30am Morning Movement (CC) 1:00pm Great Courses: American Revolution (CC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 4:30pm Pizza Night (CC) 6:00pm Group Puzzle (HH)	8:00am Podiatrist (Lobby) 8 9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (CH) 2:00pm Beach Ball Volley (CC) 3:00pm Happy Hour (CC)	9:30am Exercise (HP) 9 10:30am Morning Movement (CC) 1:00pm Great Courses: American Revolution (CC) 3:00pm Corn Hole Social (CC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 10 1:00pm Movie Matinee: <i>The Dig</i> (CC) 3:00pm Dominoes (LEC)
10:30am Sunday Church Service (CH) 11	9:30am Exercise (HP) 12 10:30am Balloon Tennis (CC) 10:30am Art Therapy Class with Marie from MUSC (LEC) 1:00pm Documentary: 3:00pm January Jeopardy Trivia (CC)	9:30am Exercise (HP) 13 10:30am Brain Games with Emily (CC) 10:00am Confessions (CH) 10:30am Catholic Mass (CH) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)	9:30am Exercise (HP) 14 10:30am Morning Movement (CC) 1:00pm Mobile Library (BC) 1:00pm Great Courses: American Revolution (CC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 6:00pm Group Puzzle (HH)	9:30am Exercise (HP) 15 10:30am Morning Movement (CC) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (CH) 2:00pm Beach Ball Volley (CC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)	NO EXERCISE CLASSES 16 1:00pm Great Courses: American Revolution (CC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 17 1:00pm Movie Matinee: <i>The Zookeeper's Wife</i> (CC) 3:00pm Dominoes (LEC)
10:30am Sunday Church Service (CH) 18 3:00pm Remington Concert Series: <i>Four by Two</i> (CH)	9:30am Exercise (HP) 19 10:30am Balloon Tennis (CC) 1:00pm Documentary: 3:00pm January Modern Trivia (CC)  Martin Luther King Jr. Day	9:30am Exercise (HP) 20 11:30am Takeout Tuesday: Chicken Salad Chick Lunch (Sign Up with Emily) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)	9:30am Exercise (HP) 21 10:30am Morning Movement (CC) 1:00pm Great Courses: American Revolution (CC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 6:00pm Group Puzzle (HH)	9:30am Exercise (HP) 22 10:30am Morning Movement (CC) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (CH) 2:00pm Beach Ball Volley (CC) 3:00pm Happy Hour (CC)	9:30am Exercise (HP) 23 10:30am Morning Movement (CC) 1:00pm Great Courses: American Revolution (CC) 3:00pm Corn Hole Social (CC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 24 1:00pm Movie Matinee: <i>Still Alice</i> (CC) 2:00pm Piano Music & Sing - Along with Iris Brown (CH) 3:00pm Dominoes (LEC)
10:30am Sunday Church Service (CH) 25 3:00pm Nick Chambers Performance (CH)	9:30am Exercise (HP) 26 10:30am Balloon Tennis (CC) 1:00pm Documentary: 3:00pm Jeopardy Trivia (CC)	9:30am Exercise (HP) 27 10:30am Brain Games with Emily (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)	9:30am Exercise (HP) 28 10:30am Morning Movement (CC) 1:00pm Mobile Library (BC) 1:00pm Great Courses: Choose a new topic (CC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 6:00pm Group Puzzle (HH)	9:30am Exercise (HP) 29 10:00am Resident Council Meeting (HP) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (CH) 2:00pm Beach Ball Volley (CC) 3:00pm Happy Hour (CC)	9:30am Exercise (HP) 30 10:30am Morning Movement (CC) 1:00pm Great Courses: New topic chosen (CC) 3:00pm Corn Hole Social (CC) 7:00pm \$2 BINGO (CH)	NO BINGO THIS MORNING 31 3:00pm Dominoes (LEC)