Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	July 2025	9:30am Exercise (HP) 1 10:30am <i>Compound Your</i> <i>Memory</i> Word Game (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) *Hair Salon Day*	10:30am Morning Movement (CC) 1:00pm Walking Group 3:00pm Dominoes (LEC) 3:00pm Corn Hole & Luau	9:30am Exercise (HP) 3 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 2:30pm Cards - Canasta (HH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (FP)	NO EXERCISE THIS MORNING 4 9:30am Seaside Farms Family 4th of July Parade 1:00pm 4th of July Trivia (FP) 7:00pm \$2 BINGO (CH) 8:00pm Franke Fireworks (Franke Drive)	 10:30am BINGO (HP) 5 1:00pm Movie Matinee: Live Action Snow White (CC) 1:00pm Hamrick's Shopping (Sign up with Emily) 3:00pm Dominoes (LEC)
10:30am Sunday Church 6 Service (CH) 1:00pm Grocery Store Trip (Sign up with Emily)	9:30am Exercise (HP) 7 10:30am Morning Stretching & Balloon Toss (CC) 1:00pm Documentary: <i>Astronaut Sally</i> (CC) 1:30pm Hydration Cart (FP) 3:00pm Rummikub (LEC)	9:30am Exercise (HP) 8 10:30am Arithmetic Showdown Game (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) *Hair Salon Day*	9:30am Exercise (HP) 9 10:30am Morning Movement (CC) 10:30am Catholic Mass (CH) 1:00pm Mobile Library (BC) 1:00pm Walking Group 2:00pm SC Aquarium Presentation (CH) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 10 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 2:30pm Cards - Canasta (HH) 3:00pm Happy Hour (FP)	9:30am Exercise (HP) 11 10:30am Morning Movement (CC) 1:00pm Random July Trivia (FP) 2:30pm Piano Music & Sing - Along with Andrea (CC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 12 1:00pm Movie Matinee: <i>The Intern</i> (CC) 3:00pm Dominoes (LEC)
10:30am Sunday Church 13 Service (CH)	9:30am Exercise (HP) 14 10:30am Morning Stretching & Balloon Toss (CC) 1:00pm Documentary: <i>Jane Goodall The Hope</i> (CC) 1:30pm Hydration Cart (FP) 3:00pm Rummikub (LEC)	9:30am Exercise (HP) 15 10:30am Boggle Board (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) *Hair Salon Day*	9:30am Exercise (HP) 16 10:30am Morning Movement (CC) 1:00pm Walking Group 2:00pm Guitar Music & Sing - Along with Jim Seem (CH) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 17 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 2:30pm Cards - Canasta (HH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (FP)	9:30am Exercise (HP) 18 10:30am Morning Movement (CC) 1:00pm Modern Jeopardy Trivia (FP) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 19 1:00pm Movie Matinee: <i>Nonnas</i> (CC) 3:00pm Dominoes (LEC)
10:30am Sunday Church 20 Service (CH) 2:00pm Ice Cream "Sunday" Social (FP)	9:30am Exercise (HP) 21 10:30am Morning Stretching & Balloon Toss (CC) 1:00pm Documentary: <i>Expedition Amelia</i> (CC) 1:30pm Hydration Cart (FP) 3:00pm Rummikub (LEC)	9:30am Exercise (HP) 22 10:30am What's the Scoop? Thinking Game (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) *Hair Salon Day*	9:30am Exercise (HP) 23 10:30am Morning Movement (CC) 11:00am Lunch Outing to Crave Kitchen (Sign up with Emily) 1:00pm Mobile Library (BC) 1:00pm Walking Group 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 24 10:30am Morning Movement (CC) 10:30am Piano Recital by Chee - Hang See (CH) 1:00pm BINGO (HP) 2:30pm Cards - Canasta (HH) 3:00pm Happy Hour (FP)	9:30am Exercise (HP) 25 10:30am Morning Movement (CC) 1:00pm July Jeopardy Trivia (FP) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) 26 1:00pm Movie Matinee: <i>Miracles from Heaven</i> (CC) 3:00pm Dominoes (LEC)
10:30am Sunday Church 27 Service (CH)	9:30am Exercise (HP) 28 10:30am Morning Stretching & Balloon Toss (CC) 1:00pm Documentary: <i>Into The Grand Canyon</i> (CC) 1:30pm Hydration Cart (FP) 3:00pm Rummikub (LEC)	9:30am Exercise (HP) 29 10:30am Boggle Board (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) *Hair Salon Day*	9:30am Exercise (HP) 30 10:30am Morning Movement (CC) 1:00pm Walking Group 2:00pm Piano Music & Sing - Along with Iris Brown (CH) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 31 10:00am Resident Council Meeting (HP) 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 2:30pm Cards - Canasta (HH) 3:00pm Happy Hour (FP)	Assisted Living Life Enrichment Calendar	

Franke at Seaside 1885 Rifle Range Rd. Mt. Pleasant SC 29464

Emily Gray 843-285-2835 *All activities are subject to change.*