

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2026

Assisted Living Life Enrichment Calendar

							9:30am Exercise (HP) 1 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 3:00pm Scrabble (LEC) 7:00pm \$2 BINGO (CH)
10:30am Sunday Church Service (CH) 3 3:30pm Charleston Flute Choir Performance (CH)	9:30am Exercise (HP) 4 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Documentary: <i>The Mind Explained</i> 3:00pm Scrabble (LEC)	9:30am Exercise (HP) 5 10:00am Rummikub(HH) 1:00pm Brain Games (OL) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour *Hair Salon Day*	9:30am Exercise (HP) 6 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 1:00pm BINGO (LEC) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 7 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm SoCalm Group (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (FP)	9:30am Exercise (HP) 8 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 3:00pm Mothers Day Tea (CH) 7:00pm \$2 BINGO (CH)	10:30am BINGO (LEC) 9 1:00pm Movie Matinee: <i>The Magic of Belle Isle</i> (CC) 3:00pm Dominoes (LEC)	
10:30am Sunday Church Service (CH) 10 	9:30am Exercise (HP) 11 10:00am Rummikub(HH) 10:30am Art Therapy with Marie from MUSC (LEC) 1:00pm Documentary: <i>Sunday Best</i> 3:00pm Scrabble (LEC)	9:30am Exercise (HP) 12 10:00am Rummikub(HH) 10:30am Catholic Mass (CH) 1:00pm Brain Games (OL) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour *Hair Salon Day*	9:30am Exercise (HP) 13 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 1:00pm BINGO (LEC) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 14 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm SoCalm Group (LEC) 3:00pm Happy Hour(FP)	9:30am Exercise (HP) 15 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 3:00pm Scrabble (LEC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (LEC) 16 1:00pm Movie Matinee: <i>My Best Friend Anne Frank</i> (CC) 3:00pm Dominoes (LEC) Armed Forces Day	
10:30am Sunday Church Service (CH) 17 3:00pm Remington Concert Series (CH)	9:30am Exercise (HP) 18 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Documentary: <i>Rising Phoenix</i> 3:00pm Scrabble (LEC) Victoria Day (Canada)	9:30am Exercise (HP) 19 10:00am Rummikub(HH) 1:00pm Brain Games (OL) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour *Hair Salon Day*	9:30am Exercise (HP) 20 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 1:00pm BINGO (LEC) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 21 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm SoCalm Group (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (FP)	9:30am Exercise (HP) 22 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 3:00pm Scrabble (LEC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (LEC) 23 1:00pm Movie Matinee: <i>The Midnight Sky</i> 3:00pm Dominoes 3:00pm Olivia Holmes Harp Performance (CH)	
10:30am Sunday Church Service (CH) 24 3:00pm Sing-along with Emma	9:30am Exercise (HP) 25 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Documentary: <i>The Men Who Built America</i> 3:00pm Scrabble (LEC) Memorial Day	9:30am Exercise (HP) 26 10:00am Rummikub(HH) 1:00pm Brain Games (OL) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour *Hair Salon Day*	9:30am Exercise (HP) 27 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 1:00pm BINGO (LEC) 3:00pm Dominoes (LEC)	9:30am Exercise (HP) 28 10:00am Resident Council Meeting (HP) 10:30am Rummikub(HH) 1:00pm SoCalm Group (LEC) 3:00pm Happy Hour (FP)	9:30am Exercise (HP) 29 10:00am Rummikub(HH) 10:30am Morning Movement(CC) 1:00pm Great Courses (CC) 3:00pm Scrabble (LEC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (LEC) 30 1:00pm Movie Matinee: <i>Caramelo</i> (CC) 3:00pm Dominoes (LEC)	
10:30am Sunday Church Service (CH) 31 3:00pm Dominoes(LEC)	<p style="text-align: center;">Locations: CC: Colonial Court HH: Heritage Hall HP: Harbor Point LEC: Life Enrichment Center OL: Oakside Lounge CH: Chapel FP: Front Porch BC: Burges Center</p>						