

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>October 2025</h1> <h2>Assisted Living Life Enrichment Calendar</h2>			9:30am Exercise (HP) <b>1</b> 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) 1:00pm Walking Group (FP) <b>2:30pm Guitar Music &amp; Sing - Along with Jim Seem (CH)</b> 3:30pm Dominoes (LEC)	9:30am Exercise (HP) <b>2</b> 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:45pm Choir Practice (CH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (FP)	<b>NO EXERCISE CLASSES THIS MORNING</b> <b>3</b> 10:30am Rummikub (LEC) <b>1:00pm Afternoon Movie: The Thursday Murder Club with popcorn (CC)</b> 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) <b>4</b> 1:00pm Movie Matinee: <i>The Breakfast Club</i> (CC) 2:00pm Dominoes (LEC) <b>3:00pm Charleston Sound Choir (CH)</b>
<b>10:30am Sunday Church Service (CH)</b> <b>5</b>  <b>October is Breast Cancer Awareness Month!</b> 	9:30am Exercise (HP) <b>6</b> 10:30am Balloon Tennis (CC) 10:30am Rummikub (LEC) 1:00pm Documentary: <i>Mission Pluto</i> (CC) 2:00pm Bridge Group (LEC) <b>2:30pm Octoberfest Celebration (Front Yard)</b>  Sukkot Begins	9:30am Exercise (HP) <b>7</b> <b>10:30am DIY Pressed Flower Bookmarks (LEC)</b> 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)  <b>*Hair Salon Day*</b>	9:30am Exercise (HP) <b>8</b> <b>10:30am Catholic Mass (CH)</b> 10:30am Morning Movement (CC) 1:00pm Walking Group (FP) 1:00pm Mobile Library (BC) <b>2:30pm Piano Music &amp; Sing - Along with Andrea (CC)</b> 3:30pm Dominoes (LEC)	9:30am Exercise (HP) <b>9</b> 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:45pm Choir Practice (CH) <b>3:00pm Happy Hour with Travelogue Destination &amp; History of Maine (CC)</b>	9:30am Exercise (HP) <b>10</b> 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) 1:00pm October Random Trivia (FP) 2:00pm Bridge Group (LEC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) <b>11</b> 1:00pm Movie Matinee: <i>October Sky</i> (CC) <b>1:00pm Shopping Trip to Hamrick's (Sign up with Emily)</b> 3:00pm Dominoes (LEC)
<b>10:30am Sunday Church Service (CH)</b> <b>12</b> <b>1:00pm Beach Drive (Sign up with Emily)</b>	9:30am Exercise (HP) <b>13</b> 10:30am Balloon Tennis (CC) 10:30am Rummikub (LEC) 1:00pm Documentary: <i>The Might Eight Air Force</i> (CC) 2:00pm Bridge Group (LEC)  Columbus Day (U.S.)	9:30am Exercise (HP) <b>14</b> <b>10:30am DIY Painted Clay Ghosts (LEC)</b> 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)  <b>*Hair Salon Day*</b>	9:30am Exercise (HP) <b>15</b> 10:30am Morning Movement (CC) <b>10:30am - 2:00pm Pumpkin Patch (Front Yard)</b> 1:00pm Walking Group (FP) <b>2:00pm Pumpkin Painting &amp; Decorating (LEC)</b> 3:30pm Dominoes (LEC)	9:30am Exercise (HP) <b>16</b> 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:45pm Choir Practice (CH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (FP)	9:30am Exercise (HP) <b>17</b> 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) 1:00pm October Jeopardy Trivia (CC) 2:00pm Bridge Group (LEC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) <b>18</b> 1:00pm Movie Matinee: <i>Invincible</i> (CC) 3:00pm Dominoes (LEC)
<b>10:30am Sunday Church Service (CH)</b> <b>19</b> <b>3:00pm Remington Concert Series: Cello Recital (CH)</b>	9:30am Exercise (HP) <b>20</b> 10:30am Balloon Tennis (CC) 10:30am Rummikub (LEC) 1:00pm Documentary: <i>Lost Tombs of the Pyramids</i> (CC) 2:00pm Bridge Group (LEC) <b>10:30am Golf cart ride to Target (Sign up with Emily)</b>	9:30am Exercise (HP) <b>21</b> <b>10:30am DIY "Hello Pumpkin" Door Sign (LEC)</b> 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)  <b>*Hair Salon Day*</b>	9:30am Exercise (HP) <b>22</b> 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) 1:00pm Walking Group (FP) <b>2:00pm Baking Club: Pumpkin Chocolate Chip Muffins (CC)</b> 3:00pm Dominoes (LEC)	9:30am Exercise (HP) <b>23</b> 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:45pm Choir Practice (CH) 3:00pm Happy Hour (FP) <b>5:00pm Dinner Outing to Crave Kitchen (Sign up with Emily)</b>	9:30am Exercise (HP) <b>24</b> 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) 1:00pm "Orange" Trivia (FP) 2:00pm Bridge Group (LEC) 7:00pm \$2 BINGO (CH)	10:30am BINGO (HP) <b>25</b> 1:00pm Movie Matinee: <i>Sister Act</i> (CC) 3:00pm Dominoes (LEC)
<b>10:30am Sunday Church Service (CH)</b> <b>26</b> <b>1:00pm Grocery Store Trip (Sign up with Emily)</b> <b>3:00pm Children's Halloween Parade (FP)</b>	9:30am Exercise (HP) <b>27</b> 10:30am Balloon Tennis (CC) 10:30am Rummikub (LEC) 1:00pm Documentary: <i>King Charles in his Own Words</i> (CC) 2:00pm Bridge Group (LEC)	9:30am Exercise (HP) <b>28</b> <b>10:30am DIY Halloween Charm Bracelet (LEC)</b> 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)  <b>*Hair Salon Day*</b>	9:30am Exercise (HP) <b>29</b> 10:00am Pumpkin Voting (CH) 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) 1:00pm Walking Group (FP) 1:00pm Mobile Library (BC) 3:00pm Dominoes (LEC) <b>4:30pm Pizza Night (CC)</b> 	9:30am Exercise (HP) <b>30</b> <b>10:00am Resident Council Meeting (HP)</b> 10:30am Morning Movement (CC) 1:00pm BINGO (HP) 1:45pm Choir Practice (CH) 3:00pm Happy Hour (FP)	9:30am Exercise (HP) <b>31</b> 10:30am Rummikub (LEC) 10:30am Morning Movement (CC) <b>3:00pm Halloween Party with games &amp; refreshments (CH)</b> 7:00pm \$2 BINGO (CH)  	<b>Locations:</b> <b>CC:</b> Colonial Court <b>HH:</b> Heritage Hall <b>HP:</b> Harbor Point <b>LEC:</b> Life Enrichment Center <b>OL:</b> Oakside Lounge <b>CH:</b> Chapel <b>FP:</b> Front Porch <b>BC:</b> Burges Center