

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026



Assisted Living Life Enrichment Calendar

10:30am Sunday Church Service (CH) 3:00pm Rafe Goldman Piano & Violin Performance (CH)	1	9:30am Exercise (HP) 10:30am Morning Stretch & Balloon Tennis (CC) 1:00pm Documentary: Food & Culture from Venice (CC) 6:00pm Group Puzzle (HH)	2	9:30am Exercise (HP) 1:00pm Brain Exercises (OL) 1:00pm Manicures (LEC) 2:45pm Dog Therapy Group 3:00pm 45 RPM's Rob Lamp Favorite Love Songs Performance (CH) *Hair Salon Day*	3	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 3:00pm East Cooper Shag Club (CH) 6:00pm Group Puzzle (HH)	4	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (CH) 2:00pm Corn Hole (CC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)	5	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:30pm January Random Trivia (CC) 7:00pm \$2 BINGO (CH)	6	10:30am BINGO (LEC) 1:00pm Movie Matinee: <i>Stand By Me</i> (CC) 3:00pm The Starpeggios Quartet Performance (CH)	7
Tu B'Shevat Begins		Groundhog Day											
10:30am Sunday Church Service (CH) 1:00pm Grocery Store Trip (Sign up with Emily) 2:30pm Puppy Bowl & Build your own trail mix bar (CC) 6:30pm Super Bowl LX (CC)	8	9:30am Exercise (HP) 10:30am Art Therapy with Marie from MUSC (LEC) 1:00pm Documentary: Food & Culture from Dublin (CC) 2:00pm Chocolate Covered Strawberries (CC) 6:00pm Group Puzzle (HH)	9	9:30am Exercise (HP) 1:00pm Brain Exercises (OL) 1:00pm Manicures (LEC) 10:00am Confessions (CH) 10:30am Catholic Mass (CH) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC) *Hair Salon Day*	10	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:00pm Mobile Library (BC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 6:00pm Group Puzzle (HH)	11	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (BC) 2:00pm Corn Hole (CC) 3:00pm Happy Hour (CC)	12	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:30pm January Modern Jeopardy Trivia (CC) 3:00pm Vet to Vet Cafe - Milkshakes for Veterans (CH) 7:00pm \$2 BINGO (CH)	13	10:30am BINGO (LEC) 1:00pm Movie Matinee: <i>My Girl</i> (CC) 3:00pm Dominoes (LEC)	14
10:30am Sunday Church Service (CH) 3:00pm Remington Concert Series: Love Songs (CH)	15	9:30am Exercise (HP) 10:30am Morning Stretch & Balloon Tennis (CC) 1:00pm Documentary: Food & Culture from Copenhagen (CC) 3:00pm Galentine's Paint & Sip - Qtip Flowers (LEC) 6:00pm Group Puzzle (HH)	16	9:30am Exercise (HP) 10:30am King cake & its story with Mardi Gras beads (CC) 1:00pm Manicures (LEC) 1:00pm Brain Exercises (OL) 2:45pm Dog Therapy Group 3:00pm Happy Hour with Mardi Gras Trivia (CC) *Hair Salon Day*	17	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 3:00pm Ash Wednesday Service (CH) 4:30pm Chinese Dinner for Chinese NY (Sign up with Emily) 6:00pm Group Puzzle (HH)	18	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm SoCalm Group (LEC) 1:00pm Bible Study (OL) 1:45pm Choir Practice (CH) 2:00pm Corn Hole (CC) 2:45pm Dog Therapy Group 3:00pm Happy Hour (CC)	19	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:30pm January Jeopardy Trivia (CC) 7:00pm \$2 BINGO (CH)	20	10:30am BINGO (LEC) 1:00pm Movie Matinee: <i>As Good As It Gets</i> (CC) 2:30pm Guitar Music & Sing - Along with Jim Seem (CH) 3:00pm Dominoes (LEC)	21
10:30am Sunday Church Service (CH) 1:00pm Beach Drive (Sign up with Emily)	22	9:30am Exercise (HP) 10:30am Morning Stretch & Balloon Tennis (CC) 1:00pm Documentary: Food & Culture from Buenos Aires (CC) 6:00pm Group Puzzle (HH)	23	9:30am Exercise (HP) 1:00pm Brain Exercises (OL) 1:00pm Manicures (LEC) 2:30pm African American Museum Black History Month Presentation (CH) 2:45pm Dog Therapy Group 3:30pm Happy Hour (CC) *Hair Salon Day*	24	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:00pm Mobile Library (BC) 2:00pm BINGO (LEC) 3:00pm Dominoes (LEC) 3:00pm Lenten Service (CH) 6:00pm Group Puzzle (HH)	25	9:30am Exercise (HP) 10:00am Resident Council Meeting (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:30pm January Jeopardy Trivia (CC) 7:00pm \$2 BINGO (CH)	26	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Great Courses (CC) 1:30pm January Jeopardy Trivia (CC) 7:00pm \$2 BINGO (CH)	27	10:30am BINGO (LEC) 1:00pm Movie Matinee: <i>Eleanor the Great</i> (CC) 3:00pm Dominoes (LEC)	28