



# February 2026



## Assisted Living Life Enrichment Calendar

<div>10:30am Sunday Church Service (CH)</div> <div>3:00pm Rafe Goldman Piano &amp; Violin Performance (CH)</div> <div>Tu B'Shevat Begins</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Stretch &amp; Balloon Tennis (CC)</div> <div>1:00pm Documentary: Food &amp; Culture from Venice (CC)</div> <div>6:00pm Group Puzzle (HH)</div> <div>Groundhog Day</div>	<div>9:30am Exercise (HP)</div> <div>1:00pm Brain Exercises (OL)</div> <div>1:00pm Manicures (LEC)</div> <div>2:45pm Dog Therapy Group</div> <div>3:00pm 45 RPM's Rob Lamp Favorite Love Songs Performance (CH)</div> <div>*Hair Salon Day*</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>2:00pm BINGO (LEC)</div> <div>3:00pm Dominoes (LEC)</div> <div>3:00pm East Cooper Shag Club (CH)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm SoCalm Group (LEC)</div> <div>1:00pm Bible Study (OL)</div> <div>1:45pm Choir Practice (CH)</div> <div>2:00pm Corn Hole (CC)</div> <div>2:45pm Dog Therapy Group</div> <div>3:00pm Happy Hour (CC)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>1:30pm January Random Trivia (CC)</div> <div>7:00pm \$2 BINGO (CH)</div>	<div>10:30am BINGO (LEC)</div> <div>1:00pm Movie Matinee: Stand By Me (CC)</div> <div>3:00pm The Starpeggios Quartet Performance (CH)</div>
<div>10:30am Sunday Church Service (CH)</div> <div>1:00pm Grocery Store Trip (Sign up with Emily)</div> <div>2:30pm Puppy Bowl &amp; Build your own trail mix bar (CC)</div> <div>6:30pm Super Bowl LX (CC)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Art Therapy with Marie from MUSC (LEC)</div> <div>1:00pm Documentary: Food &amp; Culture from Dublin (CC)</div> <div>2:00pm Chocolate Covered Strawberries (CC)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>1:00pm Brain Exercises (OL)</div> <div>1:00pm Manicures (LEC)</div> <div>10:00am Confessions (CH)</div> <div>10:30am Catholic Mass (CH)</div> <div>2:45pm Dog Therapy Group</div> <div>3:00pm Happy Hour (CC)</div> <div>*Hair Salon Day*</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>1:00pm Mobile Library (BC)</div> <div>2:00pm BINGO (LEC)</div> <div>3:00pm Dominoes (LEC)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm SoCalm Group (LEC)</div> <div>1:00pm Bible Study (OL)</div> <div>1:45pm Choir Practice (BC)</div> <div>2:00pm Corn Hole (CC)</div> <div>3:00pm Happy Hour (CC)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>1:30pm January Modern Jeopardy Trivia (CC)</div> <div>3:00pm Vet to Vet Cafe - Milkshakes for Veterans (CH)</div> <div>7:00pm \$2 BINGO (CH)</div>	<div>10:30am BINGO (LEC)</div> <div>1:00pm Movie Matinee: My Girl (CC)</div> <div>3:00pm Dominoes (LEC)</div> <div>Happy Valentine's Day</div>
<div>10:30am Sunday Church Service (CH)</div> <div>3:00pm Remington Concert Series: Love Songs (CH)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Stretch &amp; Balloon Tennis (CC)</div> <div>1:00pm Documentary: Food &amp; Culture from Copenhagen (CC)</div> <div>3:00pm Galentine's Paint &amp; Sip - Qtip Flowers (LEC)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am King cake &amp; its story with Mardi Gras beads (CC)</div> <div>1:00pm Manicures (LEC)</div> <div>1:00pm Brain Exercises (OL)</div> <div>2:45pm Dog Therapy Group</div> <div>3:00pm Happy Hour with Mardi Gras Trivia (CC)</div> <div>*Hair Salon Day*</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>2:00pm BINGO (LEC)</div> <div>3:00pm Dominoes (LEC)</div> <div>3:00pm Ash Wednesday Service (CH)</div> <div>4:30pm Chinese Dinner for Chinese NY (Sign up with Emily)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm SoCalm Group (LEC)</div> <div>1:00pm Bible Study (OL)</div> <div>1:45pm Choir Practice (CH)</div> <div>2:00pm Corn Hole (CC)</div> <div>2:45pm Dog Therapy Group</div> <div>3:00pm Happy Hour (CC)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>1:30pm January Jeopardy Trivia (CC)</div> <div>7:00pm \$2 BINGO (CH)</div>	<div>10:30am BINGO (LEC)</div> <div>1:00pm Movie Matinee: As Good As It Gets (CC)</div> <div>2:30pm Guitar Music &amp; Sing - Along with Jim Seem (CH)</div> <div>3:00pm Dominoes (LEC)</div>
<div>10:30am Sunday Church Service (CH)</div> <div>1:00pm Beach Drive (Sign up with Emily)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Stretch &amp; Balloon Tennis (CC)</div> <div>1:00pm Documentary: Food &amp; Culture from Buenos Aires (CC)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>1:00pm Brain Exercises (OL)</div> <div>1:00pm Manicures (LEC)</div> <div>2:30pm African American Museum Black History Month Presentation (CH)</div> <div>2:45pm Dog Therapy Group</div> <div>3:30pm Happy Hour (CC)</div> <div>*Hair Salon Day*</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>1:00pm Mobile Library (BC)</div> <div>2:00pm BINGO (LEC)</div> <div>3:00pm Dominoes (LEC)</div> <div>3:00pm Lenten Service (CH)</div> <div>6:00pm Group Puzzle (HH)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>10:00am Resident Council Meeting (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm SoCalm Group (LEC)</div> <div>1:00pm Bible Study (OL)</div> <div>1:45pm Choir Practice (CH)</div> <div>3:00pm Happy Hour (CC)</div>	<div>9:30am Exercise (HP)</div> <div>10:30am Morning Movement (CC)</div> <div>1:00pm Great Courses (CC)</div> <div>1:30pm January Jeopardy Trivia (CC)</div> <div>7:00pm \$2 BINGO (CH)</div>	<div>10:30am BINGO (LEC)</div> <div>1:00pm Movie Matinee: Eleanor the Great (CC)</div> <div>3:00pm Dominoes (LEC)</div>