

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

Assisted Living Life Enrichment Calendar

			<p>9:30am Exercise (HP) 1 10:30am Morning Movement (CC) 1:00pm Colonial Court Cooking (CC) 3:00pm Walking Group (Meet in Lobby)</p>	<p>9:30am Exercise (HP) 2 10:30am Daily Chronicles & Brain Games (CC) 1:00pm BINGO (HP) 2:00pm S.T.A.R Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 3 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 2:00pm Manicures (CC) 3:00 Walking Group (Meet in Lobby) 7:00pm \$2 BINGO (CH)</p>	<p>1:30pm Movie Matinee (CC) 4 3:30pm Rummikub (HH)</p>
<p>10:30am Lutheran Church Service (CH) 5 1:00pm Card Games (CC) 3:00pm Front Porch Chats</p>	<p>9:30am Exercise (HP) 6 10:30am Coffee & Current Events (CC) 1:00pm Down to Earth: Peru (CC) 1:00pm Sequence (OL) 3:00pm Sound Familiar Performance (CH) Purim Begins</p>	<p>9:30am Exercise (HP) 7 10:30am Bible Study with Dr. McDonald (CC) 1:00pm Let's Get Trivial (OL) 1:00pm Manicures (HP) 2:00pm Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 8 10:30am Morning Movement (CC) 1:00pm Colonial Court Cooking (CC) 2:00pm Charleston County Mobile Library (N) 3:00pm Walking Group (Meet in Lobby)</p>	<p>9:30am Exercise (HP) 9 10:30am Daily Chronicles & Brain Games (CC) 1:00pm BINGO (HP) 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 10 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 2:00pm Manicures (CC) 3:00pm Walking Group (Meet in Lobby) 7:00pm \$2 BINGO (CH)</p>	<p>10:30am BINGO (HP) 11 1:00pm Wii Bowling (CC) 1:30pm Movie Matinee (CC) 3:30pm Rummikub (HH)</p>
<p>10:30am Lutheran Church Service (CH) 12 1:00pm Brain Games (CC) 3:00pm Front Porch Chats *Don't forget to move your clocks ahead an hour!* Daylight Saving Time Begins</p>	<p>9:30am Exercise (HP) 13 10:30am Coffee & Current Events (CC) 1:00pm Down to Earth: Puerto Rico (CC) 1:00pm Sequence (OL) 2:00pm Art Expression (LEC) 3:30pm Patio Chat</p>	<p>9:30am Exercise (HP) 14 10:30am Bible Study with Dr. McDonald (CC) 1:00pm Let's Get Trivial (OL) 1:00pm Scenic Drive (O) 2:00pm Pet Therapy 3:00pm Happy Hour (CC) *National Pi Day*</p>	<p>9:30am Exercise (HP) 15 10:30am Morning Movement (CC) 1:00pm Colonial Court Cooking (CC) 2:00pm Bagpipe Performance (Front Porch) 3:00pm Walking Group (Meet in Lobby)</p>	<p>9:30am Exercise (HP) 16 10:30am Seaside Strummers Singalong (CH) 1:00pm BINGO (HP) 2:00pm S.T.A.R Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 17 10:30am Morning Movement (CC) 1:00pm St. Patrick's Day Trivia (CC) 2:00pm Manicures (CC) 3:00pm Shamrock Shake(CC) *Don't Forget to Wear Green!* St. Patrick's Day</p>	<p>10:30am BINGO (HP) 18 1:00pm Wii Bowling (CC) 1:30pm Movie Matinee (CC) 3:30pm Rummikub (HH)</p>
<p>10:30am Lutheran Church Service (CH) 19 1:00pm Card Games (CC) 3:00pm Remington Concert (CH)</p>	<p>9:30am Exercise (HP) 20 10:30am Coffee & Current Events (CC) 1:00pm Down to Earth: London (CC) 1:00pm Sequence (OL) 1:00pm Brain Games (CC) 3:30pm Patio Chat Spring Begins</p>	<p>9:30am Exercise (HP) 21 10:30am Bible Study with Dr. McDonald (CC) 11:00am Lunch Outing (O) 1:00pm Let's Get Trivial (OL) 1:00pm Manicures (HP) 2:00pm Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 22 10:30am Morning Movement (CC) 1:00pm Colonial Court Cooking (CC) 2:00pm Charleston County Mobile Library (N) 2:30pm Birthday Bash (CH) Ramadan Begins</p>	<p>9:30am Exercise (HP) 23 10:30am Daily Chronicles & Brain Games (CC) 1:00pm BINGO (HP) 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 24 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 2:00pm Mark Mason Performance (CC) 3:00pm Walking Group (Meet in Lobby) 7:00pm \$2 BINGO (CH)</p>	<p>10:30am BINGO (HP) 25 1:00pm Wii Bowling (CC) 1:30pm Movie Matinee (CC) 3:30pm Rummikub (HH)</p>
<p>10:30am Lutheran Church Service (CH) 26 1:00pm Brain Games (CC) 3:00pm Front Porch Chats</p>	<p>9:30am Exercise (HP) 27 10:30am Coffee & Current Events (CC) 1:00pm Down to Earth: Amazon Rainforest (CC) 1:00pm Sequence (OL) 2:00pm Art Expression (LEC) 3:30pm Patio Chat</p>	<p>9:30am Exercise (HP) 28 10:30am Bible Study with Dr. McDonald (CC) 1:00pm Let's Get Trivial (OL) 1:00pm Manicures (HP) 2:00pm Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 29 10:30am Morning Movement (CC) 1:00pm Colonial Court Cooking (CC) 3:00pm Walking Group (Meet in Lobby)</p>	<p>9:30am Exercise (HP) 30 10:30am Daily Chronicles & Brain Games (CC) 1:00pm BINGO (HP) 2:00pm S.T.A.R Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 31 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 2:00pm Manicures (CC) 3:00pm Walking Group (Meet in Lobby) 7:00pm \$2 BINGO (CH)</p>	<p>Locations: CC- Colonial Court HH- Heritage Hall HP- Harbor Point OL- Oakside Lounge CH- Chapel N- Narthex LEC- Life Enrichment Center O- Outing</p>