

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Assisted Living Life Enrichment Calendar

				<p>9:30am Exercise (HP) 1 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Bible Study with Chaplain Harry (OL) 1:00pm BINGO (HP) 2:30pm S.T.A.R Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 2 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Groundhog Day Trivia (CC) 3:00pm Manicures (LEC) 7:00pm \$2 BINGO (CH) Groundhog Day</p>	<p>10:30am BINGO (HP) 3 1:00pm Movie Matinee: <i>The Hill</i> (CC) 3:00pm Rummikub (HH)</p>
<p>10:30am Lutheran Church Service (CH) 4 1:00pm Resident Led Card Games (LEC)</p>	<p>9:30am Exercise (HP) 5 10:00am Rummikub (HH) 10:30am Coffee & Conversations (CC) 1:00pm Target (O) 1:00pm Walking Group (Meet in lobby) 3:00pm Open Games (LEC)</p>	<p>9:30am Exercise (HP) 6 10:00am Rummikub (HH) 11:30am Takeout Tuesday from Dragon Palace (Sign Up) 1:00pm Brain Exercises (OL) 1:00pm Manicures (LEC) 2:30pm Pet Therapy 3:00pm Happy Hour (CC) *Hair Salon Day*</p>	<p>9:30am Exercise (HP) 7 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Mah Jongg (OL) 1:00pm Dominos (HH) 2:30pm Paint & Sip (LEC) 6:00pm Wii Bowling (OL)</p>	<p>9:30am Exercise (HP) 8 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Bible Study with Chaplain Harry (OL) 1:00pm BINGO (HP) 2:30pm Franke Chorus (CH) 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 9 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 2:00pm Resident Led Card Games (LEC) 3:00pm Manicures (LEC) 7:00pm \$2 BINGO (CH)</p>	<p>10:30am BINGO (HP) 10 1:00pm Movie Matinee: <i>Fried Green Tomatoes</i> (CC) 3:00pm Understanding the Chinese Zodiac (CC) 3:00pm Rummikub (HH) Chinese New Year (Year of the Dragon)</p>
<p>10:30am Lutheran Church Service (CH) 11 2:00p Super Bowl Social (CC) 6:30pm Super Bowl LVIII San Francisco 49ers vs. Kansas City Chiefs on CBS</p>	<p>9:30am Exercise (HP) 12 10:00am Rummikub (HH) 10:30am Coffee & Conversations (CC) 1:00pm Walking Group (Meet in lobby) 3:00pm Open Games with Emma (LEC)</p>	<p>9:30am Exercise (HP) 13 10:00am Rummikub (HH) 10:30am Mardi Gras King Cake (CC) 1:00pm Manicures (LEC) 2:30pm Pet Therapy 2:30pm Valentine's Day Celebration (CH) Mardi Gras</p>	<p>9:30am Exercise (HP) 14 10:30am Catholic Mass (CH) 10:30am Morning Movement (CC) 2:00pm Decorate Your Own Valentine Cupcake (CC) 3:00pm Ash Wednesday Worship Service (CH) Valentine's Day</p>	<p>9:30am Exercise (HP) 15 10:30am Morning Movement (CC) 1:00pm Bible Study with Chaplain Harry (OL) 1:00pm BINGO (HP) 2:30pm Franke Chorus (CH) 2:30pm S.T.A.R Pet Therapy 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 16 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 2:00pm Resident Led Card Games (LEC) 3:00pm Manicures (LEC) 7:00pm \$2 BINGO (CH)</p>	<p>10:30am BINGO (HP) 17 1:00pm Movie Matinee: <i>Our Souls at Night</i> (CC) 3:00pm Rummikub (HH) 3:30pm Guitar Music with Emma (CC)</p>
<p>10:30am Lutheran Church Service (CH) 18 1:00pm Resident Led Card Games (LEC)</p>	<p>9:30am Exercise (HP) 19 10:00am Rummikub (HH) 10:30am Coffee & Conversations (CC) 1:00pm Golf cart ride to Izzy's Ice Cream (O) 1:00pm Walking Group (Meet in lobby) Presidents' Day</p>	<p>9:30am Exercise (HP) 20 10:00am Rummikub (HH) 10:30am Bridge Group Start Up Meeting (LEC) 1:00pm Brain Exercises (OL) 1:00pm Manicures (LEC) 2:30pm Pet Therapy 3:00pm Happy Hour (CC) *Hair Salon Day*</p>	<p>9:30am Exercise (HP) 21 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Mah Jongg (OL) 1:00pm Dominos (HH) 2:00pm Afternoon walk to Tasi Bites & Blends (O) 6:00pm Wii Bowling (OL)</p>	<p>9:30am Exercise (HP) 22 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Bible Study with Chaplain Harry (OL) 1:00pm BINGO (HP) 2:30pm Franke Chorus (CH) 3:00pm Happy Hour (CC)</p>	<p>9:30am Exercise (HP) 23 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 3:30pm Guitar Music with Al Mahan (CH) 7:00pm \$2 BINGO (CH)</p>	<p>10:30am BINGO (HP) 24 1:00pm Movie Matinee: <i>Elvis</i> (CC) 3:00pm Rummikub (HH)</p>
<p>10:30am Lutheran Church Service (CH) 25 3:00pm Remington Concert Series: Charleston Chamber Music (CH)</p>	<p>9:30am Exercise (HP) 26 10:00am Rummikub (HH) 10:30am Coffee & Conversations (CC) 1:00pm Walking Group (Meet in lobby) 3:00pm Open Games with Emma (LEC)</p>	<p>9:30am Exercise (HP) 27 10:00am Rummikub (HH) 10:30am Bridge Group (LEC) 1:00pm Brain Exercises (OL) 1:00pm Manicures (LEC) 2:30pm Pet Therapy 3:00pm Happy Hour (CC) *Hair Salon Day*</p>	<p>9:30am Exercise (HP) 28 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Mah Jongg (OL) 2:00pm Pokeno (LEC) 2:00pm Charleston Mobile Library (N) 6:00pm Wii Bowling (OL)</p>	<p>9:30am Exercise (HP) 29 10:00am Resident Council 10:30am Morning Movement (CC) 1:00pm Bible Study with Chaplain Harry (OL) 1:00pm BINGO (HP) 2:30pm Franke Chorus (CH) 3:00pm Happy Hour (CC)</p>	<p>Locations: CC: Colonial Court HP: Harbor Point HH: Heritage Hall LEC: Life Enrichment Center O: Outing OL: Oakside Lounge CH: Chapel</p>	