

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Assisted Living Life Enrichment Calendar

						9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 3:00pm Manicures (CC) 7:00pm \$2 BINGO (CH)	1	10:30am BINGO (HP) 10:30am Morning Movement (CC) 1:00pm Movie Matinee: Loving (CC) 3:00pm Social Hour on the Front Porch	2			
10:30am Lutheran Church Service (CH) 1:00pm Brain Games (CC) 2:30pm Orange Sherbet Floats (CC) 3:30pm Front Porch Chats & Golf Cart Rides	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Coffee & Current Events (CC) 2:30pm Men's Discussion Group (FP) 3:30pm Lemonade Social (FP) Labor Day	4	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Balloon Tennis (CC) 1:00pm Manicures (HP) 1:30pm Finish the Lines (CC) 2:30pm Pet Therapy 3:00pm Happy Hour (CC) *Hair Salon Day*	5	9:30am Exercise (HP) 10:30am Morning Movement (CC) 1:00pm Aromatherapy: Essential Oil Room Spray (CC) 3:00pm South Carolina Aquarium Presentation (CH)	6	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Art Expression (CC) 2:30pm S.T.A.R Pet Therapy 3:00pm Happy Hour (FP)	7	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 3:00pm Manicures (CC) 7:00pm \$2 BINGO (CH)	8	10:30am BINGO (HP) 10:30am Morning Movement (CC) 1:00pm Movie Matinee: Finding 'Ohana (CC)	9
10:30am Lutheran Church Service (CH) 3:00pm Remington Concert Series (CH) 4:00pm Front Porch Chats Grandparents Day	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Coffee & Current Events (CC) 1:00pm Target (Sign Up) 2:30pm Men's Discussion Group (FP) 3:30pm Margarita Social (FP)	11	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Music & Mimosas (CC) 1:00pm Manicures (HP) 1:30pm Finish the Lines (CC) 2:30pm Pet Therapy 3:00pm Happy Hour (CC) *Hair Salon Day*	12	9:30am Exercise (HP) 10:30am Catholic Mass (CH) 10:30am Morning Movement (CC) 11:30am Lunch Outing to Crave Kitchen (Sign Up) 2:00pm Charleston Mobile Library (N)	13	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 10:30am Seaside Strummers Performance (CH) 1:00pm Pokeno! (CC) 3:00pm Happy Hour (FP)	14	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 3:00pm Manicures (CC) 7:00pm \$2 BINGO (CH) Rosh Hashanah Begins	15	10:30am BINGO (HP) 10:30am Morning Movement (CC) 1:00pm Movie Matinee: In Our Mothers' Gardens (CC) 3:00pm Social Hour on the Front Porch Oktoberfest Begins	16
10:30am Lutheran Church Service (CH) 1:00pm Brain Games (CC) 2:30pm Ice Cream Sundays (CC) 3:30pm Front Porch Chats & Golf Cart Rides	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Coffee & Current Events (CC) 2:30pm Men's Discussion Group (FP) 3:30pm Popsicle Social (FP)	18	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Corn Hole (CC) 1:00pm Manicures (HP) 1:30pm Finish the Lines (CC) 2:30pm Pet Therapy 3:00pm The Whitings Piano & Singing Performance (CH) *Hair Salon Day*	19	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Aromatherapy: Make Your Own Sugar Scrubs (CC) 3:00pm Izzy's Ice Cream Outing (Sign Up)	20	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Art Expression (CC) 2:30pm S.T.A.R Pet Therapy 3:00pm Happy Hour (FP)	21	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 3:00pm Manicures (CC) 7:00pm \$2 BINGO (CH)	22	10:30am BINGO (HP) 10:30am Morning Movement (CC) 1:00pm Movie Matinee: Happiness for Beginners (CC) Happy First Day of Fall! Autumn Begins	23
10:30am Lutheran Church Service (CH) 1:00pm Brain Games (CC) 3:00pm Front Porch Chats Yom Kippur	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Coffee & Current Events (CC) 1:00pm Harris Teeter Grocery (Sign Up) 2:30pm Men's Discussion Group (FP)	25	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Fall Craft (CC) 1:00pm Manicures (HP) 1:30pm Finish the Lines (CC) 2:30pm Pet Therapy 3:00pm Happy Hour (CC) *Hair Salon Day*	26	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 2:00pm Charleston Mobile Library (N) 2:30pm Birthday Bash (CH)	27	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 10:00am Resident Council Meeting (HP) 10:30am Morning Movement (CC) 1:00pm Pokeno! (CC) 3:00pm Happy Hour (FP)	28	9:30am Exercise (HP) 10:00am Rummikub (HH) 10:30am Morning Movement (CC) 1:00pm Trivia (CC) 3:00pm Manicures (CC) 7:00pm \$2 BINGO (CH) Sukkot Begins	29	10:30am BINGO (HP) 10:30am Morning Movement (CC) 1:00pm Movie Matinee: The Age of Adaline (CC) 3:00pm Social Hour on the Front Porch	30